

**NYCC * Mt. Kisco * 80 Miles, 70 Miles
or 58 Miles – see notes below**

Go/Do	Where	Seg	Dist
	Boathouse to E.102nd St. Exit	1.6	1.6
Straight	102nd Street	0.1	1.7
Left	Madison Ave. - over Bridge	2.1	3.8
Left	Grand Concourse	5.1	8.9
Right	Van Courtlandt Ave. East	0.3	9.2
Left	Bainbridge > Jerome Ave.	1.3	10.5
Right	East 233rd St.	0.1	10.6
Left	Van Courlandt Park East > Kimball > Bronxville Rd.	4.0	14.6
Right	W. Pondfield	0.0	14.6
Quick L	Parkview Ave.	1.1	15.7
Bear R	thru intersection after stone church	0.0	15.7
Left	Scarsdale Rd.	2.5	18.2
Right	Ardsley/Popham	0.1	18.3
Left	East Parkway	0.2	18.5
Right	Crane Rd.	0.0	18.5
Quick L	Fox Meadow>Walworth>Fisher	3.1	21.6
Straight	onto Bank St. at traf. light (Getty Sta.)	0.4	22.0
Left	Hamilton - under train sta.	0.0	22.0
Quick R	onto bike path	0.3	22.3
Straight	thru Westch.Civ.Cen. park lot	0.1	22.4
Straight	onto bike path to Kensico Dam Plaza * Rest Stop *	2.7	25.1

Go/Do	Where	Seg	Dist
Right	W. Lake Dr.-cross top of Dam	1.6	51.8
Left	Kensico Rd. (steep downhill!)	0.5	52.3
Left	Columbus > Broadway to Dam Plaza *Rest Stop*	0.3	52.6
Left	exit Dam Plaza onto Broadway (sign to Rte. 22) > No.Broadway	1.0	53.6
Bear R	continue on No. Broadway	1.9	55.5
Right	1st R after Main onto Maritime	0.2	55.7
Left	Mamaroneck Ave.	0.1	55.8
Right	Quarropas>Fisher>Walworth >Fox Meadow	3.6	59.4
Right	Crane Rd.	0.0	59.4
Quick L	East Parkway	0.2	59.6
Right	Popham/Ardsley	0.1	59.7
Left	Scarsdale Rd. (to end)	2.5	62.2
Right	through intersection to Parkview Ave. (to end)	1.1	63.3
Left	Pondfield - bear R thru Traf. Cir. Cross Palmer	0.2	63.5
Straight	Parkway Rd.	0.4	63.9
Right	DeWitt - over parkway	0.0	63.9
Bear L	Midland > Bronx River Rd.	2.8	66.7
Right	McLean (240th)	0.2	66.9
Left	241st St.	0.3	67.2
Left	Van Cortland Park East	0.5	67.7



	On exiting Plaza:		
Left	No. Broadway (sign to rte.22)	0.4	25.5
Left	Hillandale	0.0	25.5
Quick L	onto Route 22 North	3.7	29.2
Left	Rte. 120 & 22N	0.2	29.4
Bear R	Whippoorwill Rd.	1.2	30.6
Right	Whippoorwill Rd. East	0.9	31.5
Left	Rte. 128	0.4	31.9
Right	School St.	0.2	32.1
Left	Cox	0.3	32.4
Straight	High St. > Tripp	2.7	35.1
Left	Sheather Rd.	0.1	35.2
First R	Harriman (unmarked) to end	0.8	36.0
Left	Byram Lake Rd. (unmarked)	0.5	36.5
Left	Main St.	0.4	36.9
Right	Lexington > S. Moger	1.3	38.2
Left	Mt. Kisco Sta. *Lunch Stop*		
Right	from Sta. to Moger>Lexington	0.2	38.4
Left	Green	0.1	38.5
Right	Main St.	0.5	39.0
Left	at hospital onto S.Bedford (172)	0.7	39.7
Right	Sarles St.	3.8	43.5
Left	High St.	0.9	44.4
Right	at guard rail to Rte. 128	0.0	44.4
Quick L	Rte. 128	1.2	45.6
Right	Old Rte. 22	0.6	46.2
Cross	Cross Rte. 22 onto Old Post Rd.	0.9	47.1
Straight	through intersection and left onto Rte. 22 South	3.1	50.2

Right	East 233rd St.	0.1	67.8
Left	Jerome Ave.	0.9	68.7
Right	W. Gunhill Rd. - cross Mosholu Pkwy - Bear L	0.5	69.2
Right	Sedgwick	0.2	69.4
Right	Van Courtland Ave. West downhill - stay left	0.2	69.6
Left	Bailey	1.1	70.7
Right	225th St.	0.1	70.8
Left	Broadway - caution on bridge - use walkway!!	0.3	71.1
Right	218th St. (after Bridge)	0.2	71.3
Left	Seaman	0.8	72.1
Left	Riverside	0.0	72.1
Quick R	Broadway	0.5	72.6
Right	Bennett	0.7	73.3
Right	181st St.	0.1	73.4
Left	Ft. Washington	0.8	74.2
Right	165th St.	0.1	74.3
Left	Riverside Dr.	4.9	79.2
Left	72nd St.	0.5	79.7
Straight	Park Entrance to Boat House	0.6	80.3

**Notes: shorter rides –
70 miles:**

Start this ride at the last stop on the #4 train at Jerome Ave. (start > mile 9.9)

58 miles:

Start and end this ride at the last stop on the #4 train at Jerome Ave. (start > mile 9.9; end > mile 68.4)