

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	East Dr	2.2
R	2.2	Exit Park at Adam Clayton Powell Jr Blvd	0.0
QL	2.2	W 110th St/Central Park N	0.2
S	2.4	@ Circle, continue straight onto W 110th St/Cathedral Pkwy	0.7
R	3.1	Riverside Dr	3.6
L	6.7	pedestrian/bike bridge	0.1
QL	6.8	At bottom of ramp, sharp left onto Greenway	1.4
R	8.2	Dyckman St	0.2
L	8.5	Seaman Ave	0.7
R	9.2	W 218th St	0.2
L	9.4	Broadway north	0.2
S	9.5	cross Broadway Bridge, use sidewalk <i>caution</i>	0.2
R	9.7	W 225th St ⇒ Kingsbridge Rd	0.5
L	10.2	Sedgwick Ave	0.2
R	10.4	W 197th St	0.3
L	10.7	Goulden Ave	0.3
R	11.1	Bedford Park Blvd W	0.8
L	11.9	Webster Ave⇒⇒Bronx River Rd⇒Midland	2.7
S	14.6	Bronx River Rd	2.2
S	16.7	Midland Ave	0.6
L	17.3	Parkway Rd	0.5
S	17.8	@ Circle, take the 2nd exit onto Pondfield Rd W <i>Bronxville</i>	0.0
QL	17.8	TRO Pondfield Rd W	0.2
R	18.0	Parkview Ave	1.0
S	19.0	Scarsdale Rd	1.2
BR	20.3	TRO Scarsdale Rd	1.0
BL	21.3	Lynwood Rd	0.2
R	21.6	Ardsley Rd/ Popham Rd <i>Scarsdale</i>	0.2
L	21.7	East Pkwy	0.2
R	21.9	Crane Rd	0.0
QL	22.0	Fox Meadow Rd	0.9
L	22.9	TRO Fox Meadow Rd ⇒ Walworth Ave⇒ Fisher Ave	2.1

Go	At	On	For
R	25.0	TRO Fisher Ave⇒ Quarropas St	0.5
L	25.5	Mamaroneck Ave	0.2
R	25.7	Main St/Rte 119 E <i>White Plains</i>	0.2
L	25.9	Rt 22 north/N Broadway	6.4
L	32.3	Rt 120 north/King St	0.2
BR	32.5	Whippoorwill Rd <i>climb!</i>	3.4
L	35.9	TRO Whippoorwill Rd	1.4
R	37.3	Rt 117/N Bedford Rd	0.4
L	37.6	Roaring Brook Rd	0.6
S	38.2	Cross MN Railroad tracks & Saw Mill Pkwy <i>Caution!</i>	0.1
BL	38.3	TRO Roaring Brook Rd <i>climb!</i>	0.9
R	39.2	Quaker Rd/ Rt 120 north	0.8
L	40.0	Hardscrabble Rd <i>easy to miss!</i>	4.1
L	44.1	Pleasantville Rd <i>(continue on Pleasantville Rd if to railroad station)</i>	0.6
S	44.6	Bedford Rd	0.1
PIT	44.7	Lunch at Jean-Jacques	0.0
QL	44.7	Return on Bedford Rd.	0.1
QL	44.8	TRO Bedford Rd	1.4
L	46.2	NY-448 S	2.4
R	48.6	NY-448 S/Bedford Rd	1.5
L	50.1	Broadway/ Rt 9 <i>(continue on Beekman Ave if to Tarrytown railroad station)</i>	5.1
BR	55.1	Cedar St	0.2
L	55.3	Main St <i>Dobbs Ferry</i>	0.4
BL	55.7	across Walnut onto Livingston Ave	0.2
BR	55.9	Broadway	0.8
R	56.7	Warburton Ave⇒ Riverdale Ave	7.0
R	63.7	W 252nd St	0.2
L	63.9	Independence Ave	0.3
R	64.2	Sharp right onto Spaulding Ln	0.2
S	64.4	Palisade Ave	1.4
S	65.8	Johnson Ave	0.2

Go	At	On	For
BR	66.1	TRO Johnson Ave ⇒ Irwin Ave	0.4
R	66.5	W 230th St	0.2
R	66.7	Marble Hill Ave	0.1
QR	66.8	at the 1st cross street onto W 228th St	0.1
QL	66.9	Adrian Ave	0.2
L	67.1	W 225th St	0.2
R	67.2	and walk bike over Broadway Bridge	0.3
R	67.5	W 218th St	0.2
L	67.7	Seaman Ave	0.8
L	68.5	Riverside Dr	0.0
QR	68.5	Broadway	0.5
R	69.0	Bennett Ave	0.4
R	69.4	W 187th St	0.1
QR	69.5	Overlook Terrace	0.1
L	69.7	W 190th St	0.0
QL	69.7	Fort Washington Ave	1.2
R	70.9	W 165th St	0.1
L	71.0	Riverside Dr	2.2
	73.3	Grant's Tomb	0.0
	73.3	End of route	