

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Riverside Dr	1.6
R	1.6	W 155th St and bear left on Riverside Dr	0.2
L	1.8	At light take 3rd left uphill onto Riverside Dr	0.3
R	2.1	W 162nd St	0.1
L	2.2	Fort Washington Ave	0.7
L	3.0	W 177th St	0.1
QR	3.1	Cabrini Blvd	0.1
QL	3.1	sidewalk & left onto bridge ramp	1.3
R	4.4	Hudson Terrace	2.0
L	6.4	E Palisade Ave	0.4
R	6.8	Summit St	0.6
L	7.3	Fairview Ave	0.2
R	7.6	Booth Ave	0.4
BL	8.0	Johnson Ave	0.2
BR	8.2	Chestnut St	0.5
R	8.7	Jog R/L across Engle St TRO Chestnut	0.1
QL	8.8	N Dean St	0.2
R	9.0	Demarest Ave	0.3
L	9.3	Tenafly Rd	0.3
S	9.5	@ Circle, take the 1st exit onto W Palisade Ave	0.6
S	10.2	Hargreaves Ave	0.2
L	10.4	E Tryon Ave	0.5
S	10.9	Queen Anne Rd	0.2
PIT	11.1	Pit stop @ Jus	0.7
BR	11.8	TRO Queen Anne Rd <i>Rough road thru underpass</i>	1.4
R	13.2	Degraw Ave ⇒ Main St <i>2nd light after underpass</i>	1.0
S	14.2	Salem St to end	0.5
L	14.7	State St @ T	0.6
L	15.3	Essex St ⇒ Hudson St <i>Left turn lane & signal</i>	1.3
R	16.6	Moonachie Rd ⇒ Liberty St <i>2nd right after underpass</i>	0.5
L	17.1	W Gate	0.0
QR	17.1	Summit Pl	0.1
PIT	17.2	Tour Gethsemane Cemetery <i>Then return up Summit Pl</i>	0.1

Go	At	On	For
L	17.3	W Gate	0.0
QL	17.3	Liberty St and right into Palermo's	0.0
PIT	17.3	Lunch @ Palermo's Cafe <i>Then return (left) on Liberty</i>	0.1
L	17.5	1st left onto Kinzley St	0.1
R	17.6	1st right onto 1st St ⇒ Grove St	0.2
R	17.8	Phillips Ave	0.5
BR	18.2	TRO Phillips Ave	0.2
L	18.4	E Wesley St at T	0.2
R	18.7	2nd right onto Huyler St ⇒ State St	0.6
L	19.3	Essex St	0.1
QR	19.4	Union St	0.2
R	19.6	Jog R/L across Myer TRO Union	0.7
R	20.4	Passaic St	0.3
L	20.6	River St	0.2
R	20.9	bike path thru park	0.7
R	21.6	across bridge	0.1
QL	21.7	Sharp left onto bike path (stone dust)	0.4
R	22.1	at crosswalk and left onto road	0.1
L	22.2	River Rd	0.5
R	22.7	W Englewood Ave	0.9
L	23.6	Windsor Rd at T	0.1
BR	23.6	State St	0.1
QR	23.7	TRO State St	0.1
L	23.8	Queen Anne Rd	0.3
S	24.2	E Tryon Ave ⇒ Jane St	1.3
L	25.5	Tenafly Rd	0.4
R	25.9	W Hudson Ave <i>2nd light</i>	0.8
R	26.7	Elkwood Terrace	0.1
QL	26.8	Lydecker St	0.1
R	26.9	TRO Lydecker St	0.2
L	27.1	Jog left/right across Glenwood Rd TRO Lydecker	0.6
L	27.7	Walnut St	0.6
L	28.3	N Woodland St	0.1
R	28.4	Pershing Rd	0.3
R	28.7	Summit St	0.3
L	29.0	E Palisade Ave	0.4
R	29.4	Hudson Terrace	0.0

Go	At	On	For
PIT	29.5	Pit stop @ police station	1.9
L	31.4	GW Bridge bike path	1.3
R	32.7	Cabrini Blvd	0.1
QR	32.8	W 177th St	0.0
QL	32.8	Haven Ave	0.4
L	33.2	W 169th St	0.1
QR	33.2	Fort Washington Ave	0.2
R	33.4	W 165th St	0.1
L	33.5	Riverside Dr	2.1
	35.6	Ride ends @ Grants Tomb	0.0
	35.6	End of route	