

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Riverside Dr	3.0
R	3.0	W. 155th St and bear left Riverside Dr	0.2
L	3.2	At 158th St. take 3rd left uphill TRO Riverside Dr	0.3
R	3.5	W 162nd St	0.1
L	3.6	Fort Washington Ave	0.7
L	4.4	W 177th St	0.1
R	4.5	Cabrini Blvd	0.1
QL	4.5	sidewalk and bridge ramp	1.3
L	5.8	sidewalk/bike path	0.5
L	6.3	Henry Hudson Dr <b>Note:</b> Bear left at traffic circles and forks. Don't bear right downhill.	8.1
PIT	14.3	Pit stop @ PIPC Barracks	0.1
QL	14.4	Alpine Approach Rd	0.2
R	14.6	US-9W	4.1
L	18.7	Oak Tree Rd <b>Note:</b> May need to turn right at light to make U-turn, then cross on green light	1.5
R	20.2	Joseph B. Clarke Rail-Trail	1.0
L	21.2	Jog left/right across Washington St. TRO Rail-Trail	0.1
BL	21.3	TRO Rail-Trail	1.4
L	22.7	Greenbush Rd	0.0
QR	22.7	Highview Ave <b>Note:</b> Pothole at RR tracks	0.1
R	22.9	Western Hwy S	0.5
R	23.4	Bataan Rd	0.1
QR	23.4	Mountain View Ave	0.3
BL	23.7	S Greenbush Rd	1.3
BR	25.0	NY-303 N <b>Note:</b> Caution: fast moving traffic	0.1
BR	25.1	Greenbush Rd	0.5
R	25.6	Bradley Pkwy	1.3
L	26.9	Highland Ave	0.2
L	27.1	S Highland Ave	0.4
R	27.6	Main St	0.6
R	28.2	Piermont Ave	3.7
R	31.9	TRO Piermont Ave	0.3

Go	At	On	For
PIT	32.2	Pick up lunch at Canzona's Market	0.5
L	32.7	Valentine Ave	0.2
L	32.8	Ferdon Ave	0.8
R	33.7	Paradise Ave	0.2
BL	33.8	Ferry Rd	0.1
QR	33.9	Gair St	0.0
QL	33.9	Paper Pl	0.1
QL	34.0	Shad Row	0.1
QR	34.1	Beach St/Hudson Way	0.0
PIT	34.1	Picnic at Gazebo <b>Note:</b> Bathrooms in library or bike shop	0.0
QL	34.1	Chiggelzby Ave	0.0
S	34.2	Roundhouse Rd	0.1
QR	34.3	Gair St	0.1
QL	34.3	Piermont Ave	0.1
S	34.4	Cross bridge and bear right onto Ferdon Ave	0.8
L	35.3	Valentine/NY-340 E and bear left uphill	0.2
BR	35.5	US-9W <b>Note:</b> Regroup across from Market; regroup at Kiku	9.8
R	45.2	Sage Rd	0.1
L	45.4	Johnson Ave	0.4
L	45.8	Van Wagoner Dr	0.1
R	45.9	Floyd St	0.4
R	46.4	Fairview Ave	0.1
QL	46.4	Summit St	0.6
L	47.0	E Palisade Ave	0.4
R	47.4	Hudson Terrace	2.0
L	49.4	GW Bridge bike path	1.3
R	50.7	Cabrini Blvd	0.1
QR	50.7	W 177th St	0.0
QL	50.8	Haven Ave	0.5
R	51.2	Fort Washington Ave	0.1
R	51.4	W 165th St	0.1
QL	51.5	Riverside Dr	3.6
	55.0	Ride ends at 97th & Riverside	0.0
	55.0	End of route	