

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Riverside Dr.	3.0
R	3.0	W. 155th St. and bear left on Riverside Dr	0.2
L	3.2	At 158th St., take third left uphill TRO Riverside Dr	0.3
R	3.5	W 162nd St	0.1
L	3.6	Fort Washington Ave	0.7
L	4.4	W 177th St	0.1
R	4.5	Cabrini Blvd	0.1
QL	4.5	sidewalk and bridge ramp	1.3
L	5.8	sidewalk/bike path	0.5
L	6.3	Henry Hudson Dr <b>Note:</b> Bear left at circles & forks. Don't bear right downhill.	8.1
PIT	14.3	Pit stop at PIPC Barracks	0.1
QL	14.4	Alpine Approach Rd	0.2
L	14.6	US-9W	0.7
R	15.3	Closter Dock Rd	2.6
L	17.9	High St ⇒ Old Hook Rd.	1.2
R	19.1	Schraalenburgh Rd	1.0
S	20.1	Lafayette Rd	0.8
L	20.9	Blanch Ave	0.4
BL	21.4	Cripplebush Rd ⇒ Washington Ave.	0.9
L	22.2	Old Tappan Rd	1.1
R	23.3	Rivervale Rd	1.2
R	24.5	Orangeburgh Rd ⇒ Blue Hill Rd. S.	1.4
R	26.0	Veterans Memorial Dr	0.3
L	26.2	Blue Hill Rd	0.8
L	27.0	Sickletown Rd <b>Note:</b> Gear down for hill	0.4
R	27.5	TRO Sickletown Rd	0.2
R	27.7	Blauvelt Rd	1.0
L	28.7	Van Wyck Rd	0.4
R	29.1	Erie St W	1.2
L	30.3	Greenbush Rd	0.3
BR	30.6	NY-303 N	0.1
BR	30.7	Greenbush Rd	0.5
R	31.2	Bradley Pkwy	1.0
BR	32.2	CR-5/Park Rd ⇒ Tweed Blvd.	1.5
L	33.7	South Blvd ⇒ S. Highland Ave.	1.4

Go	At	On	For
BL	35.1	US-9W	0.2
R	35.3	Main St	0.6
R	35.9	Piermont Ave	3.7
R	39.6	Piermont Ave	0.4
PIT	40.0	Pick up lunch at Canzona's Deli <b>Note:</b> Then continue on Piermont Ave.	0.4
L	40.4	Valentine Ave	0.2
L	40.5	Ferdon Ave	0.8
R	41.4	Paradise Ave	0.2
S	41.6	Ferry Rd	0.1
QR	41.6	Gair St	0.0
QL	41.6	Paper Pl	0.1
QL	41.7	Shad Row	0.1
QR	41.8	Round House Rd	0.0
QL	41.8	Round House Rd turns left and becomes Beach St/Hudson Way	0.0
PIT	41.8	Picnic at Gazebo <b>Note:</b> Bathrooms at Library or bike shop	0.0
QL	41.9	Chiggelzby Ave	0.0
S	41.9	Roundhouse Rd	0.1
QR	42.0	Gair St	0.1
QL	42.0	Piermont Ave	0.1
S	42.1	Ferdon Ave	0.8
L	43.0	NY-340 E ⇒ Piermont Rd. ⇒ County Rd.	5.8
BR	48.7	Piermont Rd	1.8
L	50.5	Central Ave	0.1
QR	50.6	County Rd	0.4
L	51.0	E Clinton Ave	0.1
QR	51.0	Dean Dr	0.9
L	51.9	E Ivy Ln ⇒ E. Hudson	0.5
R	52.4	Elkwood Terrace	0.1
QL	52.5	Lydecker St	0.1
R	52.7	TRO Lydecker St	0.2
L	52.9	Jog left/right across Glenwood Rd TRO Lydecker <b>Note:</b> Caution: 5-way blind intersection	0.6
L	53.5	Walnut St	0.2
R	53.7	Brayton St	0.2
S	54.0	Jones Rd	0.5

<b>Go</b>	<b>At</b>	<b>On</b>	<b>For</b>
L	54.4	E Linden Ave	0.7
R	55.1	E Palisade Ave	0.8
R	55.9	Hudson Terrace	1.4
<b>PIT</b>	<b>57.3</b>	<b>Pit stop at Strictly</b>	<b>0.6</b>
L	57.9	GW Bridge bike path	1.3
R	59.2	Cabrini Blvd	0.1
QR	59.2	W 177th St	0.0
QL	59.3	Haven Ave	0.5
R	59.7	Fort Washington Ave	0.1
R	59.9	W 165th St	0.1
QL	59.9	Riverside Dr	3.6
	63.5	Ride ends at 97th & Riverside	0.0
	63.5	End of route	