

| Go         | At   | On   | For |
|------------|------|--|-----|
|            | 0.0  | Start of route   | 0.0 |
| <b>L</b>   | 0.0  | Riverside Dr   | 3.0 |
| <b>R</b>   | 3.0  | W 155th St and bear left on Riverside Dr   | 0.2 |
| <b>L</b>   | 3.2  | Riverside Dr   | 0.3 |
| <b>R</b>   | 3.5  | W 162nd St   | 0.1 |
| <b>L</b>   | 3.6  | Fort Washington Ave  | 0.7 |
| <b>L</b>   | 4.4  | W 177th St   | 0.1 |
| <b>QR</b>  | 4.5  | Cabrini Blvd   | 0.1 |
| <b>QL</b>  | 4.5  | sidewalk & left onto bridge ramp   | 1.3 |
| <b>R</b>   | 5.8  | Hudson Terrace   | 1.9 |
| <b>PIT</b> | 7.7  | Pit stop at police station   | 0.1 |
| <b>QL</b>  | 7.8  | E Palisade Ave   | 0.2 |
| <b>R</b>   | 8.0  | Floyd St   | 0.6 |
| <b>L</b>   | 8.6  | Fairview Ave   | 0.3 |
| <b>R</b>   | 8.9  | Booth Ave  | 0.8 |
| <b>L</b>   | 9.7  | Lydecker St  | 0.1 |
| <b>R</b>   | 9.8  | E Hamilton Ave   | 0.8 |
| <b>R</b>   | 10.6 | Tenafly Rd   | 0.0 |
| <b>QL</b>  | 10.6 | Jane St ⇒ Tryon Ave  | 1.4 |
| <b>S</b>   | 12.0 | Queen Anne Rd  | 0.2 |
| <b>R</b>   | 12.2 | State St   | 0.1 |
| <b>L</b>   | 12.3 | TRO State St   | 0.1 |
| <b>BL</b>  | 12.4 | Windsor Rd   | 0.1 |
| <b>QR</b>  | 12.5 | W Englewood Ave  | 0.9 |
| <b>R</b>   | 13.4 | River Rd   | 0.5 |
| <b>L</b>   | 13.9 | Riverview Ave  | 0.2 |
| <b>L</b>   | 14.1 | Old New Bridge Rd  | 0.1 |
| <b>S</b>   | 14.2 | Take the pedestrian overpass   | 0.1 |
|            | 14.2 | Wander thru historic site<br><i>Then continue out on Main St</i>                       | 0.3 |
| <b>R</b>   | 14.6 | into CVS parking lot to end  | 0.0 |
| <b>QL</b>  | 14.6 | behind buildings toward exit   | 0.1 |
| <b>R</b>   | 14.8 | Bogert Rd  | 0.5 |
| <b>L</b>   | 15.2 | Howland Ave  | 0.8 |
| <b>R</b>   | 16.1 | Forest Ave   | 0.8 |
| <b>R</b>   | 16.9 | Spring Valley Rd   | 0.2 |
| <b>R</b>   | 17.1 | Continental Ave  | 0.0 |
| <b>PIT</b> | 17.1 | Stop @ Ted's North Deli to pick up lunch   | 0.1 |
| <b>R</b>   | 17.2 | into park  | 0.4 |
| <b>PIT</b> | 17.6 | Picnic lunch & bathrooms at playground area<br><i>Then U-turn &amp; return to exit</i> | 0.4 |

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|-----------|------|----------------------------------|-----|
| <b>L</b>  | 17.9 | Continental Ave                  | 0.1 |
| <b>R</b>  | 18.1 | Spring Valley Rd                 | 1.1 |
| <b>R</b>  | 19.2 | Ridgewood Ave                    | 0.6 |
| <b>L</b>  | 19.8 | Maple Ave                        | 0.3 |
| <b>R</b>  | 20.1 | Oradell Ave                      | 0.6 |
| <b>L</b>  | 20.8 | Grant Ave                        | 0.3 |
| <b>BR</b> | 21.1 | Sunset Ave                       | 1.0 |
| <b>L</b>  | 22.0 | Haworth Dr                       | 0.3 |
| <b>R</b>  | 22.4 | Haworth Ave                      | 0.7 |
| <b>L</b>  | 23.0 | Valley Rd                        | 0.6 |
| <b>R</b>  | 23.6 | Durie Ave                        | 0.1 |
| <b>QR</b> | 23.7 | Schraalenburgh Rd                | 0.7 |
| <b>L</b>  | 24.4 | Hardenburgh Ave                  | 1.1 |
| <b>R</b>  | 25.6 | County Rd                        | 0.2 |
| <b>BR</b> | 25.8 | Piermont Rd                      | 1.3 |
| <b>L</b>  | 27.1 | Hudson Ave                       | 0.3 |
| <b>R</b>  | 27.4 | Magnolia Ave                     | 0.6 |
| <b>L</b>  | 28.0 | Hillside Ave                     | 0.1 |
| <b>QR</b> | 28.1 | Serpentine Rd                    | 0.4 |
| <b>L</b>  | 28.5 | Westervelt Ave                   | 0.1 |
| <b>R</b>  | 28.6 | Engle St                         | 0.1 |
| <b>L</b>  | 28.7 | Woodland Park Dr                 | 0.4 |
| <b>R</b>  | 29.2 | Leroy St                         | 0.1 |
| <b>QL</b> | 29.2 | Churchill Rd & bear right uphill | 0.7 |
| <b>R</b>  | 29.9 | Woodland St                      | 1.1 |
| <b>L</b>  | 31.1 | Pershing Rd                      | 0.3 |
| <b>R</b>  | 31.4 | Summit St                        | 0.3 |
| <b>L</b>  | 31.7 | E Palisade Ave                   | 0.4 |
| <b>R</b>  | 32.1 | Hudson Terrace                   | 2.0 |
| <b>L</b>  | 34.1 | GWB bike path                    | 1.3 |
| <b>R</b>  | 35.4 | Cabrini Blvd                     | 0.1 |
| <b>QR</b> | 35.5 | W 177th St                       | 0.0 |
| <b>QL</b> | 35.5 | Haven Ave                        | 0.4 |
| <b>L</b>  | 35.9 | W 169th St                       | 0.1 |
| <b>QR</b> | 35.9 | Fort Washington Ave              | 0.2 |
| <b>R</b>  | 36.1 | W 165th St                       | 0.1 |
| <b>L</b>  | 36.2 | Riverside Dr                     | 3.6 |
|           | 39.8 | Ride ends @ Dinosaur Playground  | 0.0 |
|           | 39.8 | End of route                     |     |