

Go	At	On	For
	0.0	Start of route	3.0
R	3.0	W 155th St and bear left on Riverside Dr	0.2
L	3.3	uphill onto Riverside Dr	0.3
R	3.5	W 162nd St	0.1
L	3.6	Fort Washington Ave	0.7
L	4.4	W 177th St	0.1
QR	4.5	Cabrini Blvd	0.1
QL	4.5	sidewalk & left again onto GWB ramp	1.3
L	5.8	Hudson Terrace <i>Use left hand sidewalk/bike lane down to intersection</i>	0.1
QR	5.9	Bruce Reynolds Blvd <i>Stay right until top of hill</i>	0.2
L	6.2	Lemoine Ave	0.2
R	6.4	Main St	0.3
L	6.6	Anderson Ave	0.4
L	7.1	Riverdale Dr	0.2
R	7.2	Abbott Blvd	1.1
S	8.4	Railroad Ave. (Double blvd. ends)	0.1
S	8.5	Cross Franklin Ave, around gate into parking lot & continue straight 1 block	0.1
S	8.6	Railroad Ave (still looks like parking lot) and go 4 blocks	0.2
R	8.8	Columbia Ave (1-way to the right)	0.1
L	9.0	Anderson Ave	0.1
PIT	9.0	Pit/snack stop @ Corner Cafe on the left 1 block up	0.0
BL	9.0	Gorge Rd <i>Walk bikes on sidewalk down one block to start riding down Gorge</i>	0.3
BR	9.3	Palisade Ave	1.2
S	10.6	Cross Woodcliff Ave onto Palisades Triangle Plaza, then bear left	0.1
QL	10.6	JFK Blvd E	0.6
	11.3	Photo op in park on left	0.4
	11.7	Follow red pavement thru here	1.3
	13.0	Photo op on left	0.1
L	13.1	Pershing Rd/47th St <i>Easy to miss - Exxon station on right</i>	0.5

Go	At	On	For
R	13.6	Carlyle Ct	0.0
S	13.6	Road curves right, you go straight onto path on left	0.8
L	14.4	at T in path then bear right on path	0.1
QL	14.5	Take next left on path	0.2
S	14.7	Continue on Harbor Blvd around ferry terminal	0.1
	14.8	Stop to look at Hamilton-Burr statues on right	0.1
BL	15.0	path	0.3
L	15.2	at Harbor Path (follow water)	0.3
BR	15.5	path (away from water)	0.1
S	15.5	Garden St	1.3
R	16.9	Observer Hwy <i>Cross to far side bike lane</i>	0.3
L	17.2	1st left onto Henderson St/Marin Blvd	0.2
L	17.3	18th St ⇒ Washington Blvd <i>Left turn light</i>	0.7
L	18.1	Town Square Pl <i>Just past brown brick air vent tower in center island</i>	0.0
QR	18.1	Immediate right onto bike path/sidewalk (in front of building)	0.0
QR	18.1	Waterfront Walkway	0.7
L	18.8	Cross Harborside Pl onto path/sidewalk TRO Waterfront Walkway <i>Always keep water on left</i>	0.3
PIT	19.1	Pick up sandwiches @ Pot Belly Sandwich Shop <i>Then continue on Waterfront path</i>	0.3
R	19.4	Essex St <i>CAUTION: Train tracks!</i>	0.4
R	19.8	Van Vorst St	0.0
QL	19.8	First left onto Morris St (walkway btwn apartment bldgs)	0.1
S	19.9	Continue on path and Morris St. <i>(There may be construction, but continue thru)</i>	0.2
L	20.1	Regent St to end	0.2
L	20.3	Jersey Ave <i>Ignore construction; look for pedestrian bridge ahead</i>	0.2

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S	20.5	path (zebra stripes on right)	0.0
S	20.5	Ethel Pesin Memorial Bridge	0.1
S	20.7	Jersey Ave at end of path	0.1
QL	20.7	First left onto Audrey Zapp Dr bike path (on right of roadway)	0.7
S	21.5	Continue on bike path	0.2
R	21.7	at end <i>Photo op of lower Manhattan, GW Bridge, Verrazano Bridge</i>	0.5
R	22.2	immediately after crossing water <i>(You'll miss it if you're staring at Ellis Island)</i>	0.1
BL	22.3	at fork	0.1
PIT	22.4	Pit/lunch stop @ playground <i>Then continue on path</i>	0.0
BL	22.4	at fork in path	0.1
R	22.6	at end	1.0
	23.6	Black Tom Island - site of explosion	0.0
QR	23.6	at end	0.1
R	23.7	1st right toward Hudson River Waterfront Walk	0.1
S	23.8	Continue across Flag Plaza and circle around to Morris Pesin Dr	0.0
QL	23.8	Morris Pesin Dr	0.7
R	24.6	@ Circle, take first exit onto Burma Rd ⇒ Philip St	1.2
S	25.7	Jersey Ave (at Audrey Zapp Dr)	0.1
S	25.9	Ethel Pesin Memorial Bridge	0.1
S	26.0	Jersey Ave (move to right side) <i>CAUTION: RR tracks</i>	0.4
R	26.3	York St	0.7
L	27.0	Greene St	0.4
S	27.4	Washington Blvd	0.7
S	28.1	DO NOT take this 14th St.	0.1
S	28.2	18th St and bear left around curve	0.4
R	28.5	Marin Blvd	0.2
R	28.7	County Rd 681/Observer Hwy	0.3
L	29.0	Bloomfield St	1.0
R	30.0	11th St	0.0
QL	30.1	Washington St	0.2
R	30.3	14th St	0.2
	30.5	Ride ends at Pier 14 ferry	0.0

Go	At	On	For
	30.5	End of route	