Go	At	On	For
	0.0	Start of route	0.0
S	0.0	Proceed north from Grant's Tomb on Riverside Dr	1.6
R	1.6	Riverside Dr East	0.2
L	1.8	after x'ing 158th st TRO Riverside Dr E	0.3
R	2.1	W 162nd St	0.1
L	2.2	Fort Washington Ave	0.7
L	3.0	W 177th St	0.1
R	3.1	Cabrini Blvd	0.1
QL	3.1	bike path of GWB	1.3
R	4.4	Hudson Terrace	2.0
L	6.4	Palisade Ave	0.8
L	7.2	S Woodland St	0.7
L	7.9	Jones Rd	0.7
R	8.6	Ridgeland Terrace	0.5
L	9.0	Broad Ave	1.0
R	10.0	Fort Lee Rd	0.5
L	10.4	Overpeck Park Dr	0.0
S	10.5	@ Circle, take the 1st exit onto Challenger Rd	1.6
S	12.0	Challenger Rd	0.4
R	12.5	Emerson St	0.4
L	12.9	Teaneck Rd	0.6
L	13.4	Bergen Turnpike	0.6
L	14.1	Edgewater Ave W	0.4
<u> </u>	14.4	Use caution and walk bike across the disused train tracks to continue on Edgewater.	0.2
L	14.7	Prospect Ave	0.7
R	15.3	NJ-5 E	1.2
R	16.5	Deerwood Rd	0.1
R	16.6	Anderson Ave	0.0
QL	16.6	Dorincourt Rd	0.1
QR	16.7	Abbott Blvd	0.2
L	16.9	Bluff Rd	0.4
L	17.3	Columbia Ave	0.8
S	18.2	X River Road and proceed straight	0.0
QR	18.2	bike path	0.1
S	18.3	Proceed straight onto the Hudson River Walkway	0.7

Co	At	On	For
Go			
R	19.0	and X parking lot to Russel Ave	0.0
QL QL	19.0 19.1	Russel Ave River Rd	0.1
PIT	19.2	mrBagelsworth takeout	0.2
L R	19.4 19.5	Archer St	0.1
L	20.7	Hudson River Walkway	0.0
	20.7	Penny Ln The Promenade and follow out to	0.0
QR		River Road	
L	20.8	taking 1st exit from circle	0.2
L	21.0	River Rd	0.6
L	21.6	and continue on riverside walk- way	0.5
L	22.1	and continue on riverside walk- way	0.6
L	22.6	River Rd	0.0
PIT	22.7	Bathrooms	0.1
QL	22.7	and continue on riverside walk- way	2.7
L	25.5	and follow parking lot out to Port Imperial Blvd sidewalk	0.1
QL	25.5	sidewalk before Port Imperial Blvd	0.1
QL	25.6	and continue on riverside walk- way	1.2
L	26.8	15th street	0.0
QL	26.8	and continue on riverside walk- way	0.5
L	27.4	Frank Sinatra Dr	0.1
QL	27.4	Frank Sinatra Dr	0.3
L	27.8	and continue on riverside walk- way	0.7
<u> </u>	28.5	Proceed straight and walk bike through Hoboken Terminal to walkway on other side	0.1
S	28.6	Proceed straight on walkway	2.3
S	30.9	Essex St	0.4
R	31.3	Van Vorst St	0.1
L	31.4	Grand St	0.4
L	31.9	Jersey Ave⇒Ethel Pesin Memorial Bridge⇒Phillip St	1.3
S	33.2	Burma Rd	0.3
S	33.5	@ Circle, take the 2nd exit onto Morris Pesin Dr	8.0

Go	At	On	For
S	34.3	bike path	0.1
L	34.4	and follow walkway	1.9
S	36.3	Proceed onto ferry back to Man- hattan	0.0
	36.3	End of route	