Go	At	On	For
	0.0	Start of route	
L	0.0	bike path toward US 1/Boston Rd.	0.1
S	0.1	Follow bike path across Boston Rd	0.1
S	0.2	Bronx Park E	0.0
QL	0.2	Bronx River Bike Path	0.6
S	0.8	Cross Southern Blvd. onto Mosholu Parkway Greenway	0.5
R	1.3	Sharp right TRO Greenway	1.1
L	2.4	TRO Greenway	0.6
R	3.0	At E 233rd St, Right/quick left onto Bronx Blvd.	1.0
R	4.0	E 242nd St	0.0
QL	4.0	Quick left onto Beach St.	0.1
L	4.2	South St	0.1
R	4.3	South St turns right and becomes S Mac Questen Pkwy	1.7
R	5.9	at T turn right onto W Devonia Ave	0.2
L	6.1	Gramatan Ave	0.4
L	6.5	Pondfield Rd	0.6
S	7.2	@ Circle, continue straight onto Pondfield Rd W	0.0
QL	7.2	TRO Pondfield Rd W	0.1
R	7.3	Bike Path	0.1
R	7.4	Turn right, cross bridge TRO bike path	0.6
S	8.0	Path becomes bike lane on side of road	0.2
BR	8.2	bike path	1.0
BL	9.2	TRO bike path	1.6
S	10.8	Cross Harney Rd at light, then go left across Bronx River Parkway onto bike path  Note: CAUTION: Walk bikes across intersections only with light.	0.9
BR	11.7	Depot PI	0.0
QL	11.8	Popham Road	0.1
QL	11.8	E Parkway	0.2
R	12.1	Turn slight right onto Crane Road	0.0
QL	12.1	Fox Meadow Road ⇒ Walworth	1.6
L	13.7	Greenacres Ave	0.1
QR	13.7	Bronx River bike path	2.3
R	16.0	Turn right	0.2
BR	16.2	at Bronx St	0.8
BL	17.0	Slight left	0.2

L	17.3	Left on Fisher Ln, then right onto bike path	1.1
S	18.4	Cross Washington Ave N	0.3
L	18.7	Cross at crosswalk and turn left onto N Broadway	0.4
L	19.1	Cleveland St	0.0
PIT	19.1	Pit stop at Valhalla Metro North Station; then U-turn back to Broadway	0.0
QR	19.1	29/Broadway	0.7
L	19.9	Hillandale Ave	0.1
QR	19.9	Nethermont Ave $\Rightarrow$ Grove Rd.	0.8
R	20.7	Lakeview Dr N	0.0
QL	20.8	Reservoir Rd ⇒ Old Orchard St.	2.2
R	22.9	Park Ln	1.8
L	24.8	Lake St Note: Sharp turn - Careful	0.2
BR	24.9	Old Lake St	0.5
R	25.5	Lake St ⇒ Purchase St.	1.5
R	27.0	NY-120A S	0.1
QL	27.1	Quick left onto King St ⇒ Locust	0.9
BL	27.9	Bedford Rd	0.4
R	28.3	John St	0.1
R	28.4	Richmond Hill Rd	1.3
S	29.7	N Porchuck Rd Note: Caution crossing Riversville	0.6
L	30.3	Old Mill Rd	0.7
S	31.0	Cross Round Hill Rd TSO Old Mill	1.1
R	32.1	Lake Ave	4.7
BR	36.8	at traffic circle, then straight onto Glenville (not first right)	0.4
BL	37.2	Valley Dr ⇒ Edgewood Pl.	0.3
BL	37.5	Upland Dr	0.3
R	37.8	Sharp right onto Valley Dr	0.4
R	38.2	U.S. 1 S/W. Putnam Ave.	0.7
BL	38.9	US-1 S.	0.1
BR	38.9	TSO US-1 S.	0.9
R	39.8	Westchester Ave	0.0
	39.9	Port Chester Metro North Station	0.0
	39.9	End of route	