

Go	At	On	For
	0.0	Start of route	0.1
L	0.1	Sharp left onto Queensbridge Park Greenway	0.3
S	0.5	Cross 21st St, continue on Queensboro Bridge Greenway	0.7
L	1.2	Skillman Ave	0.1
S	1.3	43rd Ave	0.9
R	2.2	50th St	0.1
L	2.4	Queens Blvd Bike Path	2.3
BR	4.6	Hoffman Dr	0.0
QR	4.6	57th Ave	0.4
L	5.0	84th St	0.0
QR	5.1	at 57th Rd toward pedestrian overpass	0.0
S	5.1	Take the pedestrian overpass	0.1
QL	5.2	58th Ave	0.0
QR	5.2	58th Ave turns right and becomes 84th Pl	0.1
QL	5.3	60th Ave	0.0
QR	5.3	85th St	0.1
R	5.5	Eliot Ave	0.3
L	5.7	Caldwell Ave	0.1
BR	5.8	82nd Pl	0.2
BR	6.0	Dry Harbor Rd	0.4
S	6.3	80th St	1.1
R	7.4	BQ Greenway after crossing Myrtle Av	0.1
PIT	7.5	OPTIONAL PIT - Restroom - Forest Park	0.0
S	7.5	Continue on bike path, beneath underpass	0.1
BR	7.5	bike path after underpass	1.2
PIT	8.8	OPTIONAL PIT - Restroom - Forest Park	1.7
R	10.5	Park Ln	0.1
L	10.6	Onslow Pl	0.1
QR	10.6	Grenfell St	0.1
QL	10.7	82nd Av	0.2
R	10.9	Kew Gardens Rd	0.1
L	11.0	83rd Ave	0.3
S	11.3	Hoover Ave	0.4
L	11.7	Main St	0.3
R	12.0	OPTIONAL PIT: Dunkin'. First right into parking lot after UnionTpke	0.1
S	12.2	Continue on Main St	0.1

Go	At	On	For
R	12.3	77th Rd	0.8
L	13.0	164th St	0.3
R	13.3	73rd Ave	1.8
R	15.1	199th St	0.6
R	15.7	TRO Vanderbilt Pkwy	1.9
PIT	17.6	PIT at Alley Pond Park Office Bldg - Restroom	0.0
QR	17.6	Winchester Blvd	0.1
QR	17.7	Union Tpke	2.0
R	19.8	199th St	0.7
R	20.4	BQ Greenway - just past 67th Av	0.0
QL	20.4	BQ Greenway	0.1
QL	20.5	TRO BQ Greenway	0.4
R	20.9	TRO BQ Greenway	0.0
QL	20.9	Underhill Ave	0.6
L/R	21.5	Sidewalk, then Right onto Kissena Corridor Greenway after crossing Utopia Pkwy	0.2
S	21.7	Continue straight to cross Fresh Meadow Ln	0.2
L	21.9	Underhill Ave	0.3
S	22.2	Cross 164th St into Kissena Park	0.2
L	22.4	BQ Greenway	0.5
S	22.9	Exit Park onto Rose Av, Cross Kissena Blvd	0.0
QR	22.9	Peck Ave	0.1
BR	23.0	BQ Greenway	0.1
QL	23.1	TRO BQ Greenway	0.1
R	23.2	56th Rd	0.2
L	23.3	146th St	0.1
QR	23.4	Booth Memorial Ave	0.6
S	24.0	Cross College Point Blvd; Right onto Sidewalk	0.0
QL	24.1	Left into Flushing Meadows Corona Park on Fowler Path	0.1
QL	24.2	CAUTION - Cross Parking lot to Avenue of Discovery	0.1
S	24.3	Continue toward Reflecting Pool; bear left around pool on Promenade of Industry	0.2
S	24.4	Continue straight in direction of Unisphere	0.2

Go	At	On	For
L	24.6	Left and continue in direction of Queens Theater on United Nations Ave S	0.4
S	25.0	Cross Zoo Bridge over Grand Central Parkway	0.1
L	25.1	at circle, bear left toward park restroom / pit stop if needed	0.0
QL	25.1	First left on circle, toward park restroom on Carousel Loop	0.1
PIT	25.2	OPTIONAL PIT - Restroom	0.0
S	25.2	Continue on Carousel Loop	0.1
R/L	25.3	to exit Park - right onto 111 Street	0.1
L	25.4	54th Ave	0.1
R	25.6	Corona Ave	0.1
QL	25.6	53rd Ave	0.2
R	25.8	103rd St	0.0
QL	25.9	Lewis Ave ⇒ 55 Ave	0.2
S	26.1	Continue on 55th Av	0.8
R	26.9	Queens Blvd Bike Path	2.2
BL	29.1	Roosevelt Ave	0.1
S	29.1	Greenpoint Av	0.3
L	29.4	43rd St	0.4
S	29.8	Take the BQE entrance toward Kosciusko Bridge	0.1
BR	29.9	TRO bridge bike path	0.2
S	30.1	Take the ramp to 54th Ave	0.1
L	30.2	54th Ave	0.0
QR	30.2	to continue on bridge bike path	0.9
R/L	31.0	the ramp, Left onto Meeker Ave	0.2
BR	31.2	Driggs Ave	0.5
R	31.7	Eckford St	0.4
L	32.0	Meserole Ave	0.1
QR	32.1	Manhattan Ave	0.2
PIT	32.3	Christinas! Eat Pierogies!! 853 Manhattan Av	0.0
S	32.3	Continue on Manhattan Ave	0.4
R	32.7	Eagle St	0.1
R	32.8	McGuinness Blvd	0.0
QL	32.8	Turn left	0.6
R	33.4	Jackson Ave	0.0
S	33.4	Make a U-turn at Pulaski Bridge	0.1
BR	33.5	51st Ave	0.0
QR	33.5	Vernon Blvd	0.9

Go	At	On	For
R	34.4	Queens Plaza S	0.3
L	34.7	21st St	0.0
QR	34.8	Queens Plaza N	0.2
	35.0	End of route	