Go	At	On	For
	0.0	Start of route	0.0
L	0.0	NY-22 N/State Rte 55 E	0.5
BR	0.6	State Rte 55 E/Old Rte 22	6.6
R	7.1	NY-22 N	5.3
PIT	12.4	Pit stop @ Wassaic Food Mart & gas station	1.8
R	14.2	At Wassaic train station	0.0
QL	14.2	Immediate left onto Harlem Valley Rail Trail	10.7
R	24.9	Main St	0.0
PIT	25.0	Lunch in Millerton @ diner; pizza shop; Irving Farm	0.0
QR	25.0	US-44 E/Main St	5.6
BL	30.6	CT-41 N	9.1
R	39.7	Berkshire School Rd	1.6
L	41.3	Bears Den Rd	0.9
R	42.2	Bow Wow Rd	0.1
S	42.3	Cook Rd	0.4
S	42.7	Covered Bridge Ln	0.7
L	43.4	Boardman St	2.5
S	45.9	E Sheffield Rd	1.2
L	47.1	Brookside Rd	0.3
R	47.3	US-7 N	1.1
L	48.5	into Days Inn	0.0
	48.5	End of route	