

Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	Riverside Dr	1.6
<b>R</b>	1.6	W 155th St and bear left on Riverside Dr	0.2
<b>L</b>	1.8	At light take 3rd left uphill on Riverside Dr	0.3
<b>R</b>	2.1	W 162nd St	0.1
<b>L</b>	2.2	Fort Washington Ave	1.0
<b>L</b>	3.2	W 181st St	0.2
<b>R</b>	3.4	at bottom of hill	0.0
<b>QL</b>	3.4	pedestrian bridge to Hudson River Greenway	0.1
<b>QL</b>	3.5	Sharp left onto Hudson River Greenway	1.4
<b>R</b>	4.9	Dyckman St	0.2
<b>L</b>	5.1	Seaman Ave	0.7
<b>R</b>	5.9	W 218th St	0.3
<b>L</b>	6.2	9th Ave	0.2
<b>R</b>	6.4	Broadway Bridge <i>Use sidewalk. Yield to pedestrians</i>	0.4
<b>L</b>	6.8	W 230th St	0.3
<b>R</b>	7.0	Tibbett Ave	0.6
<b>L</b>	7.6	W 238th St	0.0
<b>QR</b>	7.7	Irwin Ave	0.1
<b>QL</b>	7.7	TRO Irwin Ave	0.0
<b>BR</b>	7.7	sidewalk/bike path	0.1
<b>R</b>	7.9	Manhattan College Pkwy	0.2
<b>S</b>	8.0	W 242nd St	0.1
<b>QL</b>	8.1	Broadway	0.1
<b>PIT</b>	8.2	Pit stop @ VCP Bathroom	1.8
<b>R</b>	10.0	Lawrence St	0.3
<b>R</b>	10.3	McLean Ave	0.8
<b>R</b>	11.1	TRO McLean Ave	0.1
<b>L</b>	11.2	Tibbetts Rd	0.2
<b>L</b>	11.4	Alan B Shepard Jr Pl	0.1
<b>QR</b>	11.5	S County Trailway	7.3
<b>PIT</b>	18.8	Possible pit stop at Starbucks. Turn left on Lawrence, cross Saw Mill River Pkwy at crosswalk.	4.2
<b>L</b>	23.0	W Main St <i>For safety, turn right on sidewalk up to crosswalk to cross.</i>	0.0

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<b>QR</b>	23.0	N County Trailway	2.4
<b>L</b>	25.5	uphill onto Tarrytown Extension	0.2
<b>BR</b>	25.7	at Old Saw Mill River Rd then cross road to continue on bike path	1.1
<b>L</b>	26.7	Neperan Rd at end of path	0.7
<b>PIT</b>	27.4	Possible food stop in Tarrytown	0.0
<b>QL</b>	27.4	S Broadway	0.8
<b>R</b>	28.2	into Welcome Center <i>Bathrooms and path entry on right</i>	3.9
<b>S</b>	32.0	S Franklin St	0.6
<b>R</b>	32.6	Main St	0.3
<b>R</b>	32.8	Piermont Ave	0.1
<b>PIT</b>	32.9	Lunch in Nyack	3.6
<b>R</b>	36.6	Piermont Ave	0.8
<b>L</b>	37.3	Joseph B. Clarke Rail-Trail	1.3
<b>R</b>	38.6	Oak Tree Rd	0.5
<b>L</b>	39.1	Main St	0.2
<b>S</b>	39.4	Tappan Rd	0.7
<b>PIT</b>	40.1	Pit/snack stop at Shell Station if needed	1.6
<b>L</b>	41.8	Highland Ave	0.3
<b>R</b>	42.0	Livingston St	0.3
<b>S</b>	42.3	Knickerbocker Rd	0.7
<b>L</b>	42.9	Demarest Ave	0.1
<b>R</b>	43.1	Columbus Ave	1.1
<b>L</b>	44.2	Hardenburgh Ave	0.5
<b>R</b>	44.6	County Rd	0.2
<b>R</b>	44.9	Piermont Rd	1.1
<b>PIT</b>	45.9	Pit/water stop @ Dunkin	0.3
<b>L</b>	46.2	Hudson Ave	0.3
<b>R</b>	46.5	Magnolia Ave	0.6
<b>L</b>	47.1	Hillside Ave	0.1
<b>QR</b>	47.2	Serpentine Rd	0.4
<b>L</b>	47.6	Westervelt Ave	0.1
<b>R</b>	47.7	Engle St	0.1
<b>L</b>	47.8	Woodland Park Dr	0.4
<b>R</b>	48.3	Leroy St	0.1
<b>QL</b>	48.3	Churchill and bear right uphill	0.7
<b>R</b>	49.0	Woodland St	0.9
<b>L</b>	49.9	Booth Ave	0.2

<b>Go</b>	<b>At</b>	<b>On</b>	<b>For</b>
<b>L</b>	50.1	Fairview Ave	0.2
<b>R</b>	50.3	Summit St	0.6
<b>L</b>	50.8	E Palisade Ave	0.4
<b>R</b>	51.3	Hudson Terrace	2.0
<b>L</b>	53.2	GW Bridge Bike Path	1.3
<b>R</b>	54.5	Cabrini Blvd	0.1
<b>QR</b>	54.6	W 177th St	0.0
<b>QL</b>	54.6	Haven Ave	0.4
<b>L</b>	55.0	W 169th St	0.1
<b>QR</b>	55.0	Fort Washington Ave	0.2
<b>R</b>	55.2	W 165th St	0.1
<b>L</b>	55.3	Riverside Dr	2.3
	57.6	Ride ends @ Grant's Tomb	0.0
	57.6	End of route	