

Go	At	On	For
	0.0	Start of route	0.1
L	0.1	Jerome Ave	0.9
R	1.0	E 233rd St	0.2
L	1.1	Van Cortlandt Park E	0.7
R	1.8	E 242nd St	0.1
L	2.0	Martha Ave	0.0
QR	2.0	McLean Ave	0.0
QL	2.0	Sterling Ave	0.4
L	2.4	TRO Sterling Ave	0.2
R	2.7	Kimball Ave ⇒ Bronxville Rd	2.5
R	5.2	Sharp right onto Pondfield Rd W	0.1
L	5.3	Parkview Ave	1.0
R	6.3	Jog right/left onto Scarsdale Rd	2.3
L	8.6	Lynwood Rd	0.2
R	8.9	Ardsley Rd	0.2
L	9.0	East Pkwy	0.2
BR	9.2	to continue on Crane Rd	0.0
QL	9.3	Fox Meadow Rd ⇒ Walworth	2.5
S	11.8	Fisher Ave ⇒ Bank St ⇒ Ferris	1.0
R	12.8	Water St ⇒ Barker Ave	0.5
L	13.3	N Broadway	1.5
L	14.8	NY-22 N	0.2
PIT	15.0	Pit stop @ Exxon Deli Mart	4.6
L	19.5	King St	0.2
BR	19.7	Whippoorwill Rd <i>Regroup at country club entrance at top of climb</i>	3.4
L	23.1	TRO Whippoorwill Rd	1.4
R	24.5	N Bedford Rd at T	0.3
L	24.8	Roaring Brook Rd	0.2
R	25.0	Turn right	0.1
PIT	25.1	Pit/snack stop @ Whole Foods	0.3
S	25.4	Readers Digest Rd	0.3
R	25.7	Roaring Brook Rd	0.1
R	25.8	Old Roaring Brook Rd	1.9
R	27.7	NY-133 at T	0.4
L	28.1	1st left onto Crow Hill Rd	0.4
L	28.5	TRO Crow Hill Rd	1.6
L	30.1	NY-100 S <i>Regroup at traffic light before turning onto NY-100</i>	0.7

Go	At	On	For
L	30.8	Seven Bridges Rd	0.9
R	31.7	NY-133 at light <i>Stay together on this slog of a climb</i>	1.5
L	33.2	NY-120/Quaker Rd	0.2
R	33.4	Hardscrabble Rd	4.1
L	37.5	Pleasantville Rd	0.6
S	38.0	Bedford Rd	0.1
QR	38.1	sidewalk up to Jean Jacques	0.0
PIT	38.1	Lunch at Jean Jacques	0.0
QR	38.1	Bedford Rd	0.0
QL	38.2	Memorial Plaza	0.0
QR	38.2	into train station parking lot	0.0
	38.2	End of route	