

Go	At	On	For
	0.0	Start of route	0.0
R	0.0	The Engineer's Gate, Central Park, East 90th St. Turn right onto East Dr	1.3
BR	1.3	Adam Clayton Powell Jr Blvd	0.0
QL	1.3	W 110th St	0.2
S	1.5	@ Circle, continue straight TRO W 110th St	0.2
R	1.7	Morningside Dr	0.5
L	2.2	W 120th St	0.4
R	2.6	Riverside Dr	1.8
R	4.4	TRO Riverside Dr Note: Audubon Terrace	0.0
QL	4.5	TRO Riverside Dr	0.2
L	4.7	TRO Riverside Dr	0.3
R	4.9	W 162nd St	0.1
L	5.1	Fort Washington Ave	0.7
L	5.8	W 177th St	0.1
R	5.9	Cabrini Blvd	0.1
QL	6.0	the GW Bridge bike path	1.3
R	7.2	TRO to Hudson Terrace/Rt 505, north	2.0
L	9.2	E Palisade Ave	0.4
R	9.6	Summit St	0.3
L	10.0	Pershing Rd	0.3
R	10.3	N Woodland St	1.1
L	11.4	Churchill Rd	0.7
R	12.1	Leroy St	0.1
QL	12.2	Woodland Park Dr	0.4
R	12.6	Engle St	0.1
L	12.7	Westervelt Ave	0.2
S	13.0	Huyler Ave	0.2
R	13.1	Dean Dr	0.1
QL	13.2	E Clinton Ave	0.1
QL	13.3	TRO E Clinton Ave	0.7
R	14.0	Knickerbocker Rd	1.1
S	15.1	@ Circle, take the 3rd exit onto E Madison Ave	2.1
R	17.3	Boulevard	0.8
S	18.1	Grant Ave	0.2
L	18.3	Oradell Ave	2.3
R	20.5	Pascack Rd	1.1

Go	At	On	For
L	21.7	Linwood Ave E	1.0
BL	22.6	Linwood Ave W	1.5
L	24.1	N Maple Ave	0.4
R	24.5	E Ridgewood Ave	0.2
PIT	24.7	Lunch, Country Pancake House	0.2
L	24.9	N Maple Ave	0.4
R	25.2	Linwood Ave W	1.4
BL	26.6	TRO Linwood Ave W	0.2
BL	26.9	Linwood Ave E	0.8
R	27.6	Pascack Rd	1.1
L	28.8	Oradell Ave	2.3
R	31.1	Grant Ave	1.0
L	32.0	Madison Ave	2.0
S	34.1	@ Circle, take the 1st exit onto Knickerbocker Rd	1.2
L	35.3	W Clinton Ave	0.7
R	36.0	E Clinton Ave	0.1
QR	36.0	Dean Dr	0.1
QL	36.1	Huyler Ave	0.2
S	36.3	Westervelt Ave	0.2
R	36.5	Engle St	0.1
L	36.7	Woodland Park Dr	0.4
R	37.1	Leroy St	0.1
QL	37.1	Victoria Ln	0.0
BR	37.1	Churchill Rd	0.7
R	37.8	Woodland St	1.1
L	39.0	Pershing Rd	0.3
R	39.3	Summit St	0.3
L	39.6	E Palisade Ave	0.4
R	40.0	Hudson Terrace	2.0
L	42.0	the GW Bridge bike path	1.3
R	43.3	Cabrini Blvd	0.1
QR	43.4	W 177th St	0.5
R	43.9	Fort Washington Ave	0.1
R	44.0	W 165th St	0.1
L	44.1	Riverside Dr	4.9
	49.0	Riverside Drive & 72nd St	0.0
QL	49.0	W 72nd St	-0.0
	49.0	End of route	