	At	On	For
Go	0.0	Start of route	0.0
	0.0		2.2
	0.0	The Boathouse, Central Park, head north on the East Drive	2.2
BR	2.2	Adam Clayton Powell Jr Blvd	0.0
QL	2.2	W 110th St/Central Park N	0.2
S	2.4	@ Circle, continue straight onto W 110th St/Cathedral Pkwy	0.7
R	3.1	Riverside Dr	3.6
R	6.7	W 181st St/Plaza Lafayette	0.3
L	7.0	Broadway	1.3
L	8.3	Academy St	0.1
R	8.4	Seaman Ave	0.6
R	9.0	W 218th St	0.2
L	9.2	Broadway north	0.2
S	9.4	cross Broadway Bridge, use sidewalk  Note: caution	0.2
S	9.5	Broadway	0.3
R	9.8	W 230th St	0.1
L	9.9	Bailey Ave	0.0
QR	10.0	Albany Crescent	0.0
QL	10.0	Heath Ave	0.2
S	10.3	Fort Independence St	0.1
QL	10.3	Sedgwick Ave	0.8
BR	11.1	W Mosholu Pkwy S	0.2
L	11.4	TRO W Mosholu Pkwy S	0.8
L	12.1	Webster Ave	2.5
S	14.7	Bronx River Rd	2.2
S	16.9	Midland Ave	0.6
L	17.4	Parkway Rd	0.3
L	17.7	Paxton Ave	0.3
R	18.0	the Bronx River Bike Path north	4.6
BR	22.5	Depot PI	0.0
QL	22.6	Popham Rd	0.1
QL	22.7	East Pkwy	0.2
R	22.9	Crane Rd	0.9
L	23.8	TRO Fox Meadow Rd⇒ Walworth Ave⇒ Fisher Ave	2.1
R	26.0	TRO Fisher Ave⇒ Quarropas St	0.5
L	26.5	Mamaroneck Ave	0.2
R	26.7	Main St/Rte 119 E	0.2
L	26.9	N Broadway	0.2

Go	At	On	For
R	27.1	Lake St	0.4
L	27.4	Kensico PI	0.1
QR	27.5	Hall Ave	2.4
L	30.0	Old Lake St	0.3
S	30.3	Lake St	1.1
S	31.4	Purchase St/ Rt 120 north	1.4
R	32.7	King Street, NY 120A	0.1
QL	32.8	Turn sharp left onto King Street	0.2
R	33.0	Turn slight right onto Locust Road	0.7
BL	33.7	Bedford Rd	0.4
R	34.0	John St	2.1
L	36.2	Round Hill Rd	3.6
L	39.8	56/Bedford-Banksville Rd	0.4
L	40.2	Middle Patent Rd	1.0
L	41.2	NY-22 S	0.9
R	42.0	Baldwin Rd	0.4
R	42.4	Byram Lake Rd  Note: becomes hardpack	3.2
R	45.6	TRO Byram Lake Rd	0.5
R	46.1	Rt 117	0.1
PIT	46.2	Lunch, take to park/benches	0.3
		across Rt 117 in park	0.0
L	46.5	Moore Ave	0.4
R	46.9	Lexington Ave	0.3
S	47.3	S Moger Ave	0.3
	47.6	Note: Mt Kisco railroad station	0.1
QL	47.6	Main St	0.1
R	47.7	Kisco Ave	0.9
BL	48.6	Pines Bridge Rd ⇒ Pinebridge Rd.⇒ Croton Lake Rd	0.6
S	49.2	Croton Lake Rd	1.0
L	50.3	Lake Rd	1.4
R	51.6	Crow Hill Rd	0.1
QL	51.7	NY-100 S	1.4
R	53.1	NY-134 W	2.4
R	55.5	Spring Valley Rd	0.8
R	56.4	Blinn Rd	1.3
S	57.6	Applebee Farm Rd	0.2
R	57.9	Quaker Ridge Rd	0.3
L	58.1	Croton Dam Rd/Nyc Rd 4	0.9
R	59.1	NY-129	4.5
BR	63.6	Old Croton Lake Rd	0.1

<b>C</b> -	٨٠	On	
Go	At	On	For
QR	63.7	Gate House Bridge	0.1
R	63.9	Gate House Bridge turns right and becomes Croton Dam Rd	0.5
L	64.4	Aqueduct Rd	1.3
L	65.7	NY-134 E	1.2
R	66.9	Pinesbridge Rd⇒ Campwoods Rd	4.9
BL	71.8	Ramapo Rd	0.3
L	72.0	Pleasantville Rd ⇒ S. State Rd ⇒ Beech Hill Rd	3.5
S	75.5	Cross Rt 117, continue onto NY-448 S	2.4
L	77.9	Lake Rd	0.7
R	78.5	Neperan Rd	1.5
L	80.0	Grove St	0.3
R	80.3	15/Benedict Ave	0.1
QL	80.4	Rt 9 south/ S Broadway	1.0
L	81.4	S Broadway	0.0
QR	81.4	S Broadway	0.1
QL	81.4	at Gracemere	0.0
QR	81.4	S Broadway	0.0
S	81.4	Make a U-turn	3.0
R	84.4	TRO Broadway	0.1
BR	84.5	Cedar St	0.2
L	84.7	Main St <b>Note:</b> Dobbs Ferry	0.4
L	85.1	Walnut St	0.0
QR	85.1	Livingston Ave	0.2
BR	85.3	9 south/ Broadway	1.1
BR	86.4	Old Croton Trailway State Park	0.8
BL	87.2	Pinecrest Dr	0.0
BR	87.2	Old Croton Trailway State Park	0.9
BR	88.1	TRO Old Croton Trailway State Park	1.8
R	89.8	Glenwood Ave	0.0
QL	89.9	Warburton Ave	1.0
L	90.9	Warburton Ave⇒Riverdale Ave <b>Note:</b> Yonkers	3.2
L	94.0	W 239th St	0.0
S	94.1	@ Circle, take the 1st exit and stay on W 239th St	0.0
BR	94.1	Riverdale Ave	0.6
L	94.8	Riverdale Ave turns slightly left and becomes W 230th St	0.2

Go	At	On	For
R	95.0	Marble Hill Ave	0.1
QR	95.1	at the 1st cross street onto W 228th St	0.1
QL	95.1	Adrian Ave	0.2
L	95.3	Adrian Ave turns left and becomes W 225th St	0.2
R	95.5	bridge bike path	0.0
	95.5	walk bike over Broadway Bridge	0.3
R	95.8	W 218th St	0.2
L	96.0	Seaman Ave	0.8
L	96.7	Riverside Dr	0.0
QR	96.8	Broadway	0.5
R	97.3	Bennett Ave	0.4
R	97.7	W 187th St	0.1
QR	97.8	Overlook Terrace	0.1
L	97.9	Overlook Terrace turns left and becomes W 190th St	0.0
QL	98.0	Fort Washington Ave	1.2
R	99.2	W 165th St	0.1
L	99.3	Riverside Dr	2.3
L	101.6	Turn slight left onto Riverside Drive north	0.1
	101.7	Grant's Tomb, end of ride	0.0
	101.7	End of route	