

Go	At	On	For
	0.0	Start of route	
	0.0	Ride starts at Grant's Tomb, Riverside Drive, northbound	2.2
R	2.2	W 165th St	0.1
L	2.3	Fort Washington Ave	0.6
L	2.9	W 177th St	0.1
R	3.0	Cabrini Blvd	0.1
QL	3.0	George Washington Bridge bike path	1.3
L	4.3	NJ side of GWB, take pathway alongside Hudson Terrace	0.5
L	4.8	Henry Hudson Dr (aka, River Rd)	7.1
S	11.8	At roundabout descent to boat basin and then return, continue north on road	1.5
PIT	13.3	Water stop at Police station	0.3
R	13.6	US-9W N	6.0
L	19.6	Hickey St	0.1
QR	19.6	Kings Hwy	1.5
R	21.2	NY-303 N	0.2
R	21.4	S Greenbush Rd	0.7
R	22.0	Clausland Mountain Rd	1.3
L	23.3	Co Rd 5/Tweed Blvd Note: go west thru the Knot	1.5
R	24.8	Sharp right onto Bradley Hill Rd	0.3
L	25.1	Highland Ave	0.2
S	25.3	South Blvd	1.1
L	26.4	Tweed Blvd	2.2
R	28.6	Rt 9W south Note: Caution, steep entry and heavily trafficked!	1.2
L	29.8	Rockland Rd	0.7
R	30.5	Ferdon Ave ⇒ Piermont Ave	0.5
L	31.0	Ash St	0.1
QR	31.0	TRO Ash St	0.1
QL	31.1	Sharp left on Ash	0.4
R	31.5	Tweed Blvd Note: Very steep start!	2.2
R	33.7	Co Rd 28/South Blvd	1.1
R	34.8	S Highland Ave	0.4
R	35.2	Depew Ave	0.6
L	35.7	S Broadway Ave	0.1
PIT	35.9	Runcible Spoon	0.1
S	35.9	go north on N Broadway	1.0
L	36.9	Old Mountain Rd	0.2

R	37.2	N Midland Ave	0.0
BL	37.2	Old Mountain Rd N	0.3
R	37.5	Christian Herald Rd	0.7
L	38.1	Mountainview Ave	1.4
S	39.5	Waldron Ave on crossing Rt 59/ Main St, Nyack	0.2
R	39.7	TRO Waldron Ave	0.1
QR	39.8	TRO Waldron Ave	0.3
L	40.1	Schuyler Rd	0.7
L	40.8	Bradley Hill Rd/Bradley Pkwy/Co Rd 5	0.4
R	41.2	Tweed Blvd	1.5
S	42.7	cross the Knot going SE	2.2
R	44.9	9W Note: Extra caution! Steep entry and you will be blind to fast moving traffic!	12.2
L	57.1	E Palisade Ave	0.1
R	57.2	Hudson Terrace	2.0
R	59.3	Bruce Reynolds Blvd	0.1
R	59.4	Hoyt Ave	0.0
QL	59.4	Central Rd	0.0
QR	59.5	to merge onto I-95 N/George Washington Bridge	1.2
S	60.7	Take exit 1 toward W 178 St/New York 9A/H Hudson Pkwy	0.2
R	61.0	Cabrini Blvd	0.1
QR	61.0	W 177th St	0.0
QL	61.0	Haven Ave	0.6
R	61.6	W 165th St	0.1
L	61.8	Riverside Dr	1.5
	63.3	End of route	