



Go	At	On	For
	0.0	Start of route	0.0
<b>R</b>	0.0	right, north, on Old Put Trailways <b>Note:</b> Van Cortlandt Park golf and tennis access road, by Van Cortlandt Lake	0.3
<b>S</b>	0.3	John Kieran Nature Trail	0.1
<b>S</b>	0.4	Old Putnam Trail	0.4
<b>BR</b>	0.8	TRO Old Putnam Trail	0.1
<b>S</b>	0.9	under Mosholu Parkway overpass	0.6
<b>S</b>	1.5	Westchester County becomes South County Trailways	0.1
<b>S</b>	1.5	S County Trailway	0.3
<b>S</b>	1.9	Alan Shepard access	0.9
<b>BR</b>	2.8	TRO S County Trailway	1.6
<b>S</b>	4.4	cross Mile Square Rd	1.4
<b>S</b>	5.8	goes under Tuckahoe Rd overpass	0.0
<b>BL</b>	5.8	S County Trailway (Old Put, Putnam Row)	4.0
<b>S</b>	9.8	Ardsley access	1.1
<b>S</b>	10.8	Woodsland Lake/ Macy Pond	2.6
<b>S</b>	13.4	Rt 119, Elmsford, get on Vreeland Ave to the right ⇒ Hayes St <b>Note:</b> Caution!	0.6
<b>S</b>	14.0	N Payne St	0.1
<b>QL</b>	14.1	turn left, stay on rough trail inside shoulder Rt 9A north/Saw Mill River Rd	0.1
<b>L</b>	14.2	Warehouse Lane	0.1
	14.3	Speed Bumps!	0.1
	14.4	Speed Bumps!	0.1
<b>QR</b>	14.5	N County Trailway	1.8
<b>S</b>	16.3	Rt 100C/Neperan Rd <b>Note:</b> access to bike path towards Tarrytown	3.3
<b>S</b>	19.6	goes under Rt 117 overpass	1.9
<b>L</b>	21.5	cross Rt 100, follow shoulder on northbound land	0.5
<b>R</b>	22.0	N County Trailway	1.6
<b>R</b>	23.6	NY-100 N, ride on shoulder	0.8
<b>R</b>	24.4	N County Trailway	0.3
<b>BL</b>	24.7	TRO N County Trailway	0.3
<b>S</b>	25.0	cross Rt 120 <b>Note:</b> Millwood	1.9
<b>BR</b>	26.9	TRO N County Trailway	0.0
<b>S</b>	26.9	goes under Rt 134 overpass	1.0

<b>S</b>	27.9	Bridge over New Croton Reservoir	0.2
<b>BR</b>	28.1	TRO N County Trailway	
<b>S</b>	28.1	cross Rt 118	0.9
<b>S</b>	29.1	N County Trailway	2.4
<b>S</b>	31.5	cross Commerce St <b>Note:</b> Yorktown Heights	1.0
<b>S</b>	32.5	cross Rt 202/ Rt 35	4.3
<b>S</b>	36.8	Putnam Trailway	2.9
<b>S</b>	39.7	cross Croton Falls Rd	
<b>BR</b>	39.7	TRO Putnam Trailway <b>Note:</b> cross Croton Falls Rd	0.1
<b>BL</b>	39.8	TRO Putnam Trailway	0.7
<b>L</b>	40.5	exit Trailways: Over a 20 yard hard pack road that connects onto Lake Drive going north and up a short steep hill <b>Note:</b> Easy to miss	0.0
<b>QR</b>	40.6	Lake Dr	0.1
<b>QL</b>	40.7	Shear Hill Rd	1.4
<b>L</b>	42.0	US-6 W	0.2
<b>R</b>	42.2	Crane Rd	1.5
<b>R</b>	43.7	Dixon Rd	1.9
<b>L</b>	45.7	NY-301 W	0.5
<b>R</b>	46.1	Boyds Lake Rd ⇒ E Boyds Rd	2.4
<b>R</b>	48.6	Nimham Rd	1.1
<b>L</b>	49.7	TRO Nimham Rd	0.8
<b>L</b>	50.5	Farmers Mills Rd	0.1
<b>R</b>	50.6	Dean Rd ⇒ Leetown Rd	2.4
<b>BL</b>	53.0	Hosner Mountain Rd	0.3
<b>BL</b>	53.3	TRO Hosner Mountain Rd	0.4
<b>R</b>	53.7	TRO Hosner Mountain Rd	2.0
<b>L</b>	55.7	at Eltons Way	0.1
<b>R</b>	55.8	Brookside Rd ⇒ Hosner Mountain Rd	0.9
<b>L</b>	56.7	NY-52 W	0.7
<b>R</b>	57.4	NY-376 N	2.1
<b>R</b>	59.5	NY-82 N	0.1
<b>QL</b>	59.6	NY-376 N	0.5
<b>L</b>	60.0	Dutchess Rail Trail	9.1
<b>BL</b>	69.2	TRO Dutchess Rail Trail	3.4
<b>L</b>	72.6	at Poughkeepsie Interlocking/Walkway Over the Hudson <b>Note:</b> follow thru parking lot to Parker Ave	0.2

<b>L</b>	72.9	Washington St	0.0
<b>QR</b>	72.9	Verazzano Blvd/Washington St	0.0
<b>S</b>	72.9	N Bridge St	0.5
<b>L</b>	73.4	Davies Pl	0.0
<b>QR</b>	73.4	Turn right, follow to Poughkeepsie Railroad Station	0.0
	73.5	Poughkeepsie Railroad Station	0.0
	73.5	End of route	