

| Go | At | On | For |
|-----------|------|---|-----|
| | 0.0 | Start of route | 0.0 |
| R | 0.0 | right, north, on Old Put Trailways <i>Van Cortlandt Park golf and tennis access road, by Van Cortlandt Lake</i> | 0.3 |
| S | 0.3 | John Kieran Nature Trail | 0.1 |
| S | 0.4 | Old Putnam Trail | 0.4 |
| BR | 0.9 | TRO Old Putnam Trail | 0.0 |
| S | 0.9 | under Mosholu Parkway overpass | 0.6 |
| S | 1.5 | Westchester County becomes South County Trailways | 0.1 |
| S | 1.5 | S County Trailway | 0.3 |
| S | 1.9 | Alan Shepard access | 0.9 |
| BR | 2.8 | TRO S County Trailway | 1.6 |
| S | 4.4 | cross Mile Square Rd | 1.4 |
| S | 5.8 | goes under Tuckahoe Rd overpass | 0.0 |
| BL | 5.8 | S County Trailway (Old Put, Putnam Row) | 3.9 |
| S | 9.8 | Ardsley access | 1.1 |
| S | 10.8 | Woodslan Lake/ Macy Pond | 2.6 |
| S | 13.4 | Cross Rt 119, Trailways will be on your left at the northbound entry to the Saw Mill Pky. If in doubt about traffic, cross at the light on 9A | 2.5 |
| S | 16.0 | Rt 100C/Neperan Rd <i>access to bike path towards Tarrytown</i> | 3.3 |
| S | 19.3 | goes under Rt 117 overpass | 1.9 |
| L | 21.2 | cross Rt 100, follow shoulder on northbound land | 0.5 |
| R | 21.7 | N County Trailway | 1.6 |
| R | 23.3 | NY-100 N, ride on shoulder | 0.8 |
| R | 24.1 | N County Trailway | 0.3 |
| BL | 24.4 | TRO N County Trailway | 0.3 |
| S | 24.7 | cross Rt 120 <i>Millwood</i> | 1.9 |
| BR | 26.6 | TRO N County Trailway | 0.0 |
| S | 26.6 | goes under Rt 134 overpass | 1.0 |
| S | 27.6 | Bridge over New Croton Reservoir | 0.2 |
| BR | 27.8 | TRO N County Trailway | 0.0 |

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|-----------|------|---|-----|
| S | 27.8 | cross Rt 118 | 1.0 |
| S | 28.8 | N County Trailway | 2.4 |
| S | 31.2 | cross Commerce St <i>Yorktown Heights</i> | 1.0 |
| S | 32.2 | cross Rt 202/ Rt 35 | 4.3 |
| S | 36.5 | Putnam Trailway | 2.9 |
| BR | 39.4 | TRO Putnam Trailway <i>cross Croton Falls Rd</i> | 0.1 |
| BL | 39.5 | TRO Putnam Trailway | 4.7 |
| S | 44.2 | cross over Rt 6 <i>Carmel</i> | 3.2 |
| R | 47.4 | Putnam Ave, Trailways ends | 0.0 |
| QL | 47.4 | US-6 E | 0.8 |
| R | 48.2 | N Main St/ Rt 6 <i>Brewster Railroad Station</i> | 0.2 |
| | 48.4 | End of route | |