

| Go | At | On | For |
|-----|------|--|------|
| | 0.0 | Start of route | 0.0 |
| | 0.0 | NJ Side of GW BridgeHead north on Hudson Terrace | 2.0 |
| L | 2.0 | E Palisade Ave | 0.1 |
| QR | 2.1 | 9w | 11.7 |
| L | 13.8 | Hickey St CAUTION | 0.1 |
| QR | 13.9 | Kings Hwy | 1.5 |
| R | 15.4 | NY-303 N | 0.2 |
| L | 15.6 | Mountain View Ave | 0.4 |
| BR | 16.0 | Western Highway | 3.2 |
| L | 19.1 | W Nyack Rd | 0.4 |
| R | 19.5 | Strawtown Rd | 2.3 |
| R | 21.8 | TRO Strawtown Rd | 2.3 |
| S | 24.1 | Straight onto Ridge Rd | 1.4 |
| L | 25.5 | South Mtn Rd/ Rt 90 | 0.1 |
| QL | 25.6 | Haverstraw Rd | 0.2 |
| BR | 25.8 | S Mountain Rd | 2.4 |
| R | 28.2 | S. Central Hgwy/ Little Tor Rd | 1.6 |
| R | 29.8 | Rt 202 | 0.2 |
| L | 30.1 | Central Hwy | 1.8 |
| L | 31.9 | Rt 106 | 4.0 |
| R | 35.9 | Rt 106/Gate Hill Rd turns slightly right | 3.5 |
| S | 39.4 | Kanawauke Circle, continue on Rt 106 | 5.1 |
| R | 44.5 | the New York 17 N ramp | 1.2 |
| PIT | 45.7 | Valero Gas Station on Left | 1.9 |
| R | 47.6 | Arden Valley Rd | 5.1 |
| R | 52.7 | Tiorati Circle, take the 3rd exit onto 7 Lakes Dr | 0.1 |
| PIT | 52.8 | Restrooms and water | 3.7 |
| S | 56.4 | Long Mtn Circle, take the 2nd exit onto the US-6 E ramp to Bear Mountain | 0.2 |
| ⚠ | 56.6 | CAUTION: CROSSING HGHWY | 0.3 |
| S | 56.9 | Merge onto US-6 E | 0.1 |
| S | 57.0 | Take exit 19, 7 Lakes Dr north | 1.1 |
| L | 58.1 | Sharp left onto Perkins Memorial Dr | 2.2 |
| BL | 60.4 | TRO Perkins Memorial Dr | 0.1 |
| QR | 60.4 | TRO Perkins Memorial Dr | 1.9 |
| S | 62.4 | Seven Lakes Drive | 1.8 |
| S | 64.2 | @ Circle, take the 2nd exit and stay on Seven Lakes Drive | 0.2 |
| BL | 64.4 | Bear Mtn Carousel Note: restrooms/water | 0.3 |

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| L | 64.7 | Rt 9W north | 0.4 |
| S | 65.1 | @ Circle, take the 1st exit onto US-202 E/US-6 E | 0.6 |
| L | 65.7 | NY-9D N | 5.2 |
| L | 70.9 | Garrison Cafe | 0.2 |
| R | 71.0 | Snake Hill Rd | 0.7 |
| S | 71.7 | Philipse Brook Rd Note: hardpack, Snake Hill Rd bears right | 1.6 |
| L | 73.3 | Old Albany Post Rd Note: hardpack | 0.1 |
| R | 73.4 | S Highland Rd Note: hardpack ⇒ paved | 1.9 |
| L | 75.3 | Dennytown Rd | 2.6 |
| R | 78.0 | NY-301 E | 13.7 |
| R | 91.7 | Rt 6 Note: Carmel | 0.3 |
| L | 92.0 | Left TRO Rt 6 east | 0.3 |
| L | 92.3 | Turn left, just past underpass onto Trailways rail trail | 0.2 |
| R | 92.5 | Putnam Trailway | 3.0 |
| R | 95.5 | Putnam Ave Note: exit rail trail | 0.0 |
| QL | 95.5 | quick left onto US-6 E | 0.8 |
| R | 96.2 | N Main St/ Rt 6 | 0.2 |
| | 96.4 | Brewster Railroad Station Note: must ascend/descend stairs to access train platform | 0.0 |
| | 96.5 | End of route | |