

Go	At	On	For
	0.0	Start of route	0.0
<b>R</b>	0.0	Garrison Railroad Station <b>Note:</b> go right, south on Lower Station Rd	0.5
<b>R</b>	0.5	Route 9D South	4.5
<b>BR</b>	5.0	to cross Bear Mtn Bridge	0.6
<b>R</b>	5.6	At Circle to 9W North	11.2
<b>R</b>	16.8	Quaker Ave Exit of 9w	0.2
<b>L</b>	17.1	Rt 107/Quaker Av (unmarked)	0.5
<b>R</b>	17.6	Route 32 North	0.2
<b>L</b>	17.8	Route 20 - Orrs Mills Rd	3.9
<b>BL</b>	21.7	Route 94 W	0.0
<b>QR</b>	21.8	Quick Right Station Rd	3.5
<b>L</b>	25.2	TRO Station Road	0.0
<b>QL</b>	25.3	Route 207 West	0.3
<b>R</b>	25.6	Route 747 N	3.5
<b>L</b>	29.1	Route 17K west	5.7
<b>R</b>	34.8	Albany Post Rd	2.3
<b>L</b>	37.0	Hill Ave	4.1
<b>L</b>	41.1	Route 52W	0.8
<b>PIT</b>	42.0	Food/fluids <b>Note:</b> Pine Bush	12.2
<b>R</b>	54.1	Broadhead St ⇒ Berme Road <b>Note:</b> Ellenville	2.8
<b>R</b>	57.0	TRO Berme Rd	0.8
<b>R</b>	57.8	TRO Berme Rd	2.8
<b>R</b>	60.5	Rt 44/55 east	10.1
<b>PIT</b>	70.6	Water stop if needed	7.3
<b>R</b>	77.9	Route 32 S	9.2
<b>L</b>	87.1	at traffic light, TRO Route 32 S	3.3
<b>R</b>	90.3	9W south	0.2
<b>L</b>	90.5	Plank Rd ⇒ North St	0.5
<b>L</b>	91.0	Grand Ave	0.3
<b>L</b>	91.3	under overpass, bike path of Beacon Newburgh Bridge	2.0
<b>R</b>	93.3	Route 9D S	8.5
<b>R</b>	101.8	Main St	0.3
	102.1	Cold Spring Station <b>Note:</b> Either follow Lunn on left to railroad station, or walk bike down stairs ahead, then up and to left, follow path to railroad platform	0.0

102.1	End of route
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