

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Poughkeepsie Railroad Station	0.0
QL	0.0	Poughkeepsie Railroad Station	0.1
QR	0.1	Main St	0.1
QL	0.1	Rinaldi Blvd	0.2
R	0.3	Gerald Dr	0.1
QL	0.4	Ramp to Mid Hudson Bridge	0.8
R	1.2	Off Bridge ⇒ Haviland Rd	0.2
BL	1.4	TRO Haviland Rd	0.4
R	1.8	Hudson Valley Rail Trail	0.0
QL	1.8	Hudson Valley Rail Trail	3.6
L	5.4	CR 15 - S Riverside Rd	0.1
QR	5.5	CR 12 - New Paltz Rd	4.8
R	10.3	Springtown Rd	0.5
L	10.7	Mountain Rest Rd/ Rt 6	3.2
S	13.9	Mohonk Rd	5.0
L	18.9	NY-213 W	1.7
R	20.6	Rt 213/ Rt 209	0.8
L	21.5	Rt 213/Atwood Rd/Cooper St	0.5
R	22.0	Rt 213/Stone Ridge Rd	8.1
L	30.1	NY-28A W	5.4
L	35.5	Watson Hollow Rd ⇒ Peekamoose Rd	13.1
L	48.6	Greenville Rd/ Rt 46 Note: Sundown	3.9
R	52.5	Yeagerville Rd/ Rt 46	5.0
L	57.5	NY-55A E	3.2
L	60.7	NY-55 E	5.3
L	66.0	NY-55 E/US-209 N	0.1
PIT	66.1	Peter's Market	0.5
R	66.6	Institution Rd	0.2
BL	66.8	TRO Institution Rd	0.2
S	67.0	Berme Rd	0.8
R	67.8	TRO Berme Rd	2.8
R	70.6	Rt 44/55 east	10.1
L	80.7	NY-299 E	9.8
R	90.4	onto/New Paltz Rd	0.7
L	91.1	S Riverside Rd	0.1
QR	91.2	into Tony Williams Park follow to Hudson Valley Rail Trail	0.1
S	91.3	Hudson Valley Rail Trail	3.0
BL	94.3	TRO Hudson Valley Rail Trail	0.5
R	94.8	Haviland Rd	0.0
QL	94.8	Haviland Rd	0.0
QL	94.8	Haviland Rd	0.6

S	95.4	Mid-Hudson Bridge North Walkway	0.7
L	96.1	bridge bike path access	0.1
QR	96.2	Gerald Dr	0.1
QL	96.2	Rinaldi Blvd	0.2
R	96.4	Main St	0.0
QL	96.5	Turn left, follow to Poughkeepsie Railroad Station	0.1
	96.5	End of route	