

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Poughkeepsie Railroad Station	0.1
QR	0.1	Main St	0.1
QL	0.1	Rinaldi Blvd	0.2
R	0.3	Gerald Dr	0.1
QL	0.4	Ramp to Mid Hudson Bridge	0.8
R	1.2	Off Bridge ⇒ Haviland Rd	0.2
BL	1.4	TRO Haviland Rd	0.4
R	1.8	Hudson Valley Rail Trail	0.0
QL	1.8	Hudson Valley Rail Trail	3.6
L	5.4	CR 15 - S Riverside Rd	0.1
QR	5.5	CR 12 - New Paltz Rd	0.7
L	6.2	NY-299 W	20.1
L	26.3	NY-55 W/US-209 S	4.4
R	30.7	NY-55 W	0.4
R	31.0	Hill St	0.1
S	31.1	Mc Bride St	0.7
S	31.8	Continental Rd	0.5
R	32.3	NY-55 W	3.4
R	35.7	NY-55A W	7.6
R	43.3	Sundown Rd	0.2
L	43.5	Sugarloaf Rd	4.0
L	47.5	Red Hill Rd	3.1
L	50.6	Sharp left onto Denning Rd	1.1
PIT	51.8	Blue Hill Lodge & Cafe	0.2
S	52.0	Claryville Rd	0.7
R	52.7	W Branch Rd/Frost Valley Rd⇒ Rt 47	20.7
R	73.4	Rt 28 east	14.5
R	87.9	NY-28A	3.2
PIT	91.1	West Ashoken Deli	5.2
R	96.4	NY-213	7.7
L	104.0	Stone Ridge Rd/ Rt 213	0.5
S	104.5	Cooper St// Rt 213	0.5
L	105.0	Rt 209/ Rt 213	1.0
L	106.0	NY-213 E	4.6
R	110.6	James St/Keaton Ave	0.1
BR	110.7	Sand Hill Rd	0.2
S	111.0	Elting Rd	7.0
L	117.9	NY-299 E	4.1
R	122.0	New Paltz Rd	0.7
L	122.7	S Riverside Rd	0.1
QR	122.8	into Tony Williams Park ⇒ Hudson Valley Rail Trail	3.6

R	126.4	Haviland Rd	0.0
QL	126.4	Haviland Rd	0.6
S	127.0	Mid-Hudson Bridge North Walkway	0.7
L	127.7	bridge bike path access	0.1
QR	127.8	Gerald Dr	0.1
QL	127.9	Rinaldi Blvd	0.2
R	128.1	Main St	0.0
QL	128.1	follow to Poughkeepsie Railroad Station	0.1
	128.2	End of route	