

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Poughkeepsie Railroad Station <i>start</i>	0.1
QL	0.1	Davies Pl <i>Exit Poughkeepsie RR Station, follow up under overpass to left, one way wrong way. Either ride on sidewalk or walk bike.</i>	0.1
QR	0.2	Mill St	0.4
L	0.6	Washington St	0.0
QR	0.6	Parker Ave	0.2
L	0.8	in parking lot onto access to bridge bike path	5.0
S	5.9	Hudson Valley Rail Trail	0.6
S	6.5	Hudson Valley Rail Trail	2.3
R	8.8	rail trail crosses Rt 299	0.3
S	9.1	rail trail ends, straight on Rt 299	1.5
L	10.6	Wallkill Valley Rail Trail <i>At bottom of hill, before bridge</i>	-0.9
QR	9.7	Main Street, NY 299	6.6
R	16.3	Rt 44/55	0.0
PIT	16.3	Village Market and Bakery <i>a few hundred yards further east on 44/55, off route, Gardiner</i>	2.6
L	18.9	Bruynswick Rd/Rt 7	3.0
R	21.9	Tillson Lake Rd	1.6
R	23.5	Lake Rd	0.6
L	24.1	Lake Rd turns slightly left and becomes Aumick Rd	0.5
R	24.6	Awosting Reserve Access <i>Unmarked, parking area with gate, ascend gravel road</i>	1.7
R	26.3	Turn sharp right onto Awosting Reserve Loop (Purple) <i>Gravel road/trail with purple markers</i>	1.6
R	27.9	Spruce Glen Path <i>Unmarked, at "T" [going left will loop back down back to the Awosting Portal]</i>	0.6
L	28.5	Lake Awosting Carriageway (Black) <i>going clockwise around Lake Awosting</i>	2.2

Go	At	On	For
R	30.7	TRO Lake Awosting Carriageway	0.4
S	31.1	Castle Point Carriage Road	4.5
L	35.6	Lake Minnewaska Carriageway	0.4
PIT	36.0	food van in upper parking lot, Minnewaska <i>has been in NW corner of lot</i>	0.4
R	36.4	Turn sharp right onto Sunset Carriageway	0.3
R	36.7	Turn sharp right <i>on to Awosting Falls trail</i>	0.2
	36.9	Awosting Falls	1.2
S	38.1	Cross Trapps/Lyons Rd <i>Continue on Trapps Trail</i>	2.3
S	40.4	Trapps Road Bridge <i>Over Rt 44/55. You might have to present/purchase Mohonk Preserve Pass here</i>	0.0
S	40.4	Trapps Trail	0.0
QL	40.4	Overcliff Carriage Road	2.3
L	42.8	Turn slight left onto Rhododendron Bridge	0.0
QL	42.8	Laurel Ledge Road	2.3
L	45.1	Turn slight left onto Garden Road <i>Sign at trail intersection will say to Mohonk Mtn House</i>	0.3
L	45.4	Cedar Drive	0.0
S	45.4	Mossy Brook Road	0.2
R	45.6	Barn Road <i>Follow signs to North Lookout Carriageway</i>	0.0
QR	45.6	Mossy Brook Road <i>Follow signs to North Lookout Carriageway</i>	0.1
L	45.7	North Lookout Rd	0.1
QL	45.8	Mossy Brook Path	0.0
QL	45.8	North Lookout Rd	1.1
R	46.9	Follow signs onto Whitney Carriageway on to parking lot at Gate/Toll House <i>Continue on to Gate/Toll house</i>	0.6
PIT	47.5	Mohonk Toll/Gate House <i>water available from hose on right of building</i>	0.0

Go	At	On	For
QR	47.5	Turn slight right onto Lenape Lane <i>Gate might be down, go thru and descend</i>	3.2
L	50.7	River-to-Ridge Trail	0.9
R	51.6	River-to-Ridge Trail	0.5
L	52.1	River-to-Ridge Trail	1.8
L	53.9	Rt 299, cross bridge over Wallkill River	1.4
L	55.2	Hudson Valley Rail Trail	8.5
R	63.7	Turn right, exit bike path <i>cycle thru parking lot access</i>	0.0
QR	63.8	Parker Avenue,	0.2
L	64.0	Washington Street	0.1
QR	64.1	Angle right onto North Bridge Street at Verrazano Blvd intersection	0.2
R	64.3	Mill Street	0.1
S	64.4	Dongan Place	0.1
L	64.5	Davies Place	0.0
QR	64.6	Poughkeepsie Railroad Station <i>End of ride</i>	0.0
	64.6	End of route	