


Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	Hastings on Hudson Metro North northbound train platform, right Southside/Maple Ave	0.1
<b>QR</b>	0.1	Spring Street	0.1
<b>QR</b>	0.1	Warburton Avenue	0.1
<b>QL</b>	0.2	Main Street	0.2
<b>R</b>	0.4	Farragut Avenue	0.6
<b>L</b>	1.0	Ravensdale Road ⇒ Jackson Ave	0.5
	1.5	single lane motor traffic, best to ride on sidewalk on right here	0.9
<b>R</b>	2.4	Turn sharp right, access road to Sprain Ridge Park	0.2
<b>L</b>	2.6	to parking lot <i>Sprain Ridge Park, start cycling</i>	0.1
	2.6	End of route	