

**Ride 6: Oyster Bay, Long Island  
B17, B18**

Turn	Total Miles	Street	For
R	0.0	Union Turnpike Svc Rd.	0.5
BR	0.5	Grand Central Pkwy Svc Rd.	1.0
L	1.4	164th St. [bike lane]	0.8
R	2.3	73rd Ave. [bike lane]	1.8
R	4.0	199th St.	0.2
L	4.2	Vanderbilt Pkwy bike path	2.2
L	6.4	Alley Pond Park [P & Class]	0.1
L	6.5	Through parking lot	0.1
R	6.6	Winchester Blvd.	0.1
L	6.7	Union Turnpike	0.5
L	7.2	Commonwealth Blvd.	1.0
L	8.2	Marathon Pkwy	0.4
R	8.6	LIE Service Road [@ light] → pass Glen Cove Rd.	7.1
L	15.7	Wheatly Rd. [2nd Left after Glen Cove]	1.4
L	17.1	To stay on Wheatly Rd.	2.4
X		Cedar Swamp Rd.	0.9
R	20.4	Brookville Rd	1.1
L	21.5	Muttontown Rd.	2.8
BL	24.3	Cold Spring Rd. [P]	0.5

BL	24.8	to stay on Cold Spring Rd.	1.1
R	25.9	Stillwell Ln.	1.7
L	27.6	Harbor Rd. [to end]	1.1
BL	28.7	at "T" intersection	0.1
QR	28.8	Rte. 25A	1.4
BL	30.2	Goose Hill Rd. [to end]	0.9
R	31.1	Jennings Lane → Huntington Rd.	0.6
L	31.7	West Neck Rd.	1.2
L	32.9	Middle Hollow Rd.	0.9
R	33.8	Jennings Rd.	0.2
L	34.0	Dock Hollow Rd. → Snake Hill [technical downhill]	0.7
L	34.7	Shore Rd.	0.6
R	35.3	Main St.	1.0
R	36.3	N. Hempstead Tpke [Rte 25A]	0.5
R	36.8	Moore's Hill Rd. [uphill]	1.2
R	38.0	Cove Rd. → East Main St.	2.5
		<b>PURCHASE LUNCH &amp; PROCEED TO PARK</b>	
R	40.5	South St. [to oil tanks]	0.2
L	40.7	Bay Ave.	0.1
BL	40.8	across RR tracks, into park	0.2
	41.0	<b>LUNCH</b>	
<i>Exit park from south side, opposite seashore</i>			

Turn	Total Miles	Street	For
	41.0	Park Exit → X RR Tracks	
QR	41.0	Larrabee Ave.	0.1
R	41.1	Main St.	0.2
L	41.3	Lake Ave. [sign on right for W. Shore]	0.5
R	41.8	Glen Cove Rd. [at "T"]	0.4
L	42.2	Planting Fields Rd. [CAUTION]	1.1
L	43.3	Chicken Valley Rd. [at "T"]	2.2
L	45.5	Hegemans Ln.	1.1
R	46.6	Cedar Swamp Rd.	0.7
L	47.3	Hoaglands Ln.	0.7
BL	48.0	Valentines Ln. [no sign]	1.2
L	49.2	Rte. 25A [N. Hempstead Tpk.]	0.1
QR	49.3	Whitney Ln.	1.1
R	50.4	Wheatley Rd. [to stop sign]	1.1
R	51.5	Wheatley Rd.	1.3
R	52.8	LIE Service Road [P]	2.4
BL	55.2	to stay on LIE Svc Rd	3.6
BL	58.8	to stay on LIE Svc Rd	1.2
L	59.9	Marathon Pkwy	0.5
BR	60.4	Commonwealth Blvd.	1.0

R	61.4	Union Turnpike	1.2
R	62.6	Springfield Blvd.	0.6
L	63.2	73rd Ave. [bike lane]	1.7
L	64.9	188th St.	0.6
R	65.5	Midland Pkwy	1.0
End	66.5	Subway @ 179th St. [F line]	