Ride 5: Nyack (the back way)
B17, B18

Turn	Total Miles	Street	For
L	0.0	Park Drive East	2.0
L	2.0	W. 110th St [*exit park*]	0.9
R	2.9	Riverside Drive	2.3
R	5.2	W. 155th St. [*BL up hill*]	0.2
L	5.4	W. 158th St. [*up RSD ramp*]	0.3
R	5.7	W. 162nd St.	0.1
L	5.8	Ft. Washington Ave.	0.7
L	6.5	W. 177th St.	0.1
R	6.6	Cabrini Blvd.	0.1
L	6.7	GWB Bike Path [*cross*]	1.3
L	8.0	Onto sidewalk → bike path	0.5
L	8.5	Henry Hudson Dr.	8.0
R	16.5	Into police station lot [P] USE BIKE RACK! Exit police station	
R	16.5	Henry Hudson Dr.	0.1
BL	16.5	At Fork → Under overpass [*to "T"*]	0.2
L	16.7	Rte. 9W	0.7
R	17.4 19.5	Closter Dock Rd. [*Rte. 502*] *[P] at Piermont Rd*	2.1
S	19.5	Closter Dock Rd. [*Rte. 502*]	0.4
L	19.9	High St. [*Rte. 202*]	1.1
BR	21.0	Old Hook Rd. [*Rte. 502*]	0.8
R	21.8	Bogert's Mill Rd.	0.4
L	22.2	Harriot Ave →Rivervale Rd	3.6
R	25.8	Orangeburgh Rd.	1.4
R	27.2	Veteran's Mem. Dr. [*light*]	0.3
1st L	27.5	Blue Hill Rd. [CAUTION!]	0.8
L	28.3	Convent Rd. [*steep uphill*]	0.5
BR	28.8	Sickeltown Rd. [*to "T"*]	0.1
R	28.9	to stay on Sickeltown Rd.	0.2
R	29.1	Blauvelt [*to end*]	1.0
L	30.1	Van Wyck	0.4
R X	30.5	Erie St. [*2nd Right*] Rte. 303 [*to end*]	1.2
R	31.7	S. Greenbush Rd. [*@ "T"*]	0.4
L S S	32.1 33.4 34.5	Clausland Mtn Rd. → South Blvd. [*downhill*] → Highland Ave [*downhill*]	1.3 1.1 0.2
L	34.8	Rte. 9W [*short light - CAUTION*]	0.3
R	35.1	High Ave.	0.5
	35.6	LUNCH in scenic Nyack	
		Continue on High Ave. to N. Broadway Ave.	

Turn	Total Miles	Street	For
R	35.6	N. Broadway Ave.	0.1
L	35.7	Main St.	0.1
1stR	35.8	Piermont Ave. Through Town of Piermont *SINGLE FILE!* *Obey traffic signal*	3.8
BR	39.6	Ferndon Ave. [*at fork*]	0.9
L	40.5	Highland Ave.	0.1
BL S	40.6 40.7	to Rte. 9W [*uphill*] Merge onto 9W	0.2 9.8
R	50.5	Sage Rd.	0.1
L	50.6	Johnson Ave.	0.4
L	51.0	Van Wagoner Dr.	0.1
R	51.2	Floyd St.	1.0
L	52.2	E. Palisade Ave.	0.2
R	52.4	Hudson Terrace	2.0
L	54.3	GW Bridge [*cross*]	1.3
R	55.6	Cabrini Blvd.	0.1
R	55.7	W. 177th St.	0.1
L	55.8	Haven Ave.	0.5
R	56.3	Ft. Washington Ave.	0.1
R	56.4	W. 165th St.	0.1
L	56.6	Riverside Dr.	4.9
L	61.4	W. 72nd St.	0.6
S	62.0	Central Park	1.6
End	63.6	Boathouse	

revised 2 April 2012