

Ride 1: Westwood
B16

Turn	Total Miles	Street	For
L	0.0	Park Drive East	2.0
L	2.0	W. 110th St [exit park]	0.9
R	2.9	Riverside Drive	2.3
R	5.2	W. 155th St. [BL up hill]	0.2
L	5.4	W. 158th St. [up RSD ramp]	0.3
R	5.7	W. 162nd St.	0.1
L	5.8	Ft. Washington Ave.	0.7
L	6.5	W. 177th St.	0.1
R	6.6	Cabrini Blvd.	0.1
L	6.7	GWB Bike Path [cross]	1.3
R	8.0	Hudson Terrace [to end]	2.0
L	10.0	Palisade Ave.	0.4
R	10.4	Summit St. [to end]	0.7
L	11.1	Lyncrest Rd. [to end]	0.4
R	11.4	N. Woodland St.	1.0
R	12.5	Kent Rd. [to end]	0.2
L	12.6	E. Clinton Ave.	1.5
R	14.2	County Rd. [Rte. 501]	2.0
L	16.1	County Rd. [Rte. 501]	0.8
L	16.9	Hardenburgh Ave. [P]	1.1

Turn	Total Miles	Street	For
R	23.8	Old Hook Rd. [front of diner]	1.7
R	25.6	Schraalenburgh Rd.	1.2
L	26.8	Hardenburgh Ave.	1.1
	27.9	[1st L after Lukoil Station]	
R	27.9	County Rd.	0.2
BR	28.1	Piermont Rd. [at fork]	1.3
L	29.4	Hudson Ave.	0.3
R	29.7	Magnolia Ave.	0.6
L	30.3	Hillside Ave.	0.1
QR	30.4	Serpentine Rd. [no sign]	0.4
L	30.8	Westervelt Ave.	0.2
R	30.9	Engle St.	0.6
L	31.5	E. Hudson Ave. [at light]	0.3
R	31.8	Elkwood Terr	0.1
L	31.9	Lydecker St. [hill]	0.1
R	32.1	To stay on Lydecker	0.2
X	32.3	Glenwood Rd. [L then R]	0.0
BR	32.3	To stay on Lydecker	0.6
L	32.9	Walnut St. [uphill to end]	0.6
L	33.4	N. Woodland St.	0.1
R	33.5	Pershing Rd.	0.3

L	18.0	Hardenburgh Ave. [P]	1.1
R	19.1	Schraalenburgh Rd.	1.9
BL	21.0	at fork [stay on Schralenburgh]	0.3
L	21.3	Harriot Ave. [Tappan Rd.]	1.0
L	22.3	Bogerts Mill Rd.	0.4
R	22.7	Old Hook Rd. [Rte. 502]	0.8
L	23.5	Main St. [at light]	0.1
QR	23.6	Bergenline Ave.	0.2
R	23.8	Into Westood Diner Parking Lot Just past Carver Ave	0.1
		LUNCH	
		Exit Diner from Front	

R	33.9	Summit St.	0.4
L	34.2	E. Palisade Ave.	0.4
R	34.6	Hudson Terrace	2.0
L	36.6	GW Bridge [cross]	1.3
R	37.9	Cabrini Blvd.	0.1
R	38.0	W. 177th St.	0.1
L	38.1	Haven Ave.	0.4
R	38.5	Ft. Washington Ave.	0.2
R	38.7	W. 165th St.	0.1
L	38.8	Riverside Dr.	4.9
L	43.6	W. 72nd St.	0.6
S	44.2	Central Park	1.2
End		Boathouse	